



Family and Community Education Hi-lites

June – August 2016
(www.mdafce.org/mcfce.htm)

Montgomery County Association for Family and Community Education Newsletter

“Greatness is not found in possessions, power, position or prestige, but in goodness, humility, service and character.”
William Arthur Ward

Happenings

June

- 10 10 AM - 9 PM FCE Blanket Making Day, Extension Office
21 10 AM Cookie Packing, Laurel Methodist Church
23 10 AM Fun Day at Gettysburg – Registration Required \$10.00, see page 3

July

- 4 Office Closed (Independence Day)
14 –17 National FCE Conference, Memphis, TN, registration in your *FCE TODAY* Newsletter or at www.nafce.org
19 10 AM Cookie Packing, Laurel Methodist Church

August

- 1 *Hi-lites* and “*Look What’s Happening*” deadline
2 10 AM - 3 PM FCE Blanket Making
11 10 AM Set up Montgomery County Fair Booths
12 - 20 All Day Montgomery County Fair – “Makin Tracks to the Fair”
16 10 AM Cookie Packing, Laurel Methodist Church
23 10 AM Executive Board Meeting, CANCELED
27 – Sept. 5th Maryland State Fair, Timonium, MD

September

COLLECT DUES

- 5 Office Closed (Labor Day)
13 9:45 AM “Update from the Boy’s Ranch”. Speaker, Linda Clark, Executive Director and Association Meeting, Refreshments: Derwood
Install Officers
16 10:00AM - 9PM FCE Blanket Making
20 10 AM Cookie Packing, Laurel Methodist Church

HELPFUL HINT:

If you have some wine left at the end of an evening, freeze it in ice cube trays to use later in soups and sauces.

To clean the crevices and corners of vases and pictures that you can’t reach in, fill with warm water and put in one or two Alka Seltzer (or Polident) tablets.

President's Paragraphs

Spring Luncheon

Forty-two FCE members and friends had a wonderful time at "A Garden Party" Spring Luncheon. Steve Robinson, from Master Gardeners, discussed how to maintain a container garden and gave us many tips on gardening in general. Our scholarship recipient, Victoria Martinez O'Reilly and her father attended the luncheon. Victoria told us how important our scholarship is to her and her family. Each shared their appreciation of receiving the Early Childhood Education Scholarship. Greg Enloe from Montgomery College gave us greetings and thanks for our continued support. He also said the MCAFCE has given approximately \$50,000 in scholarship money. Thanks to Derwood FCE for organizing, decorating and serving delicious food. Thanks to all of you for your donations of books (49 books in all), flowers and door prizes. It truly was a beautiful day.

YARD SALE

Friday June 3 and Saturday June 4

There will be a yard sale at my home which benefits the SCHOLARSHIP Fund. (place) 15500 Gallaudet Avenue (301-384-2805) Silver Spring 20905.

HELP is needed to staff the sale.

Your lunch will be provided.

Set-up will be on Thursday starting at 10 AM; **you can drop in anytime that day to help.**



FUN DAY
Gettysburg, PA
June 23

Fun at the Panama Canal

Are you ready for fun, drama, boat rides, food, shopping and/or just relaxing? Then bring your husband, significant other or friend and come to **FUN DAY**. On **June 23rd** we want to see you at **Frann Peters'** (301-253-2589) home in Gettysburg, PA. Phoebe and Chuck Smith will share their experiences in the Panama Canal. In the afternoon, we are also planning a trip to a mill/garden for those who are interested. More info on page 3 and directions on page 8. Donation of \$10.00 (make check to MCAFCE). Proceeds benefit the

scholarship fund. Mark your calendar today. Send your check to: **Marilyn Simonds (301-871-1609)**
13708 Lionel Lane, Rockville 20852

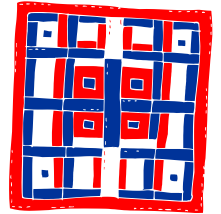
FCE Blanket Making Day

June 10 Friday 10 AM to 9 PM

August 2 Tuesday 10 AM to 3 PM

September 16 Friday 10 AM to 9 PM

Since beginning in 2002, we have completed over 17,000 blankets and 8,000 baby hats. This project helps many children, brings people together, and is fun. You do not need to know how to sew, knit or crochet to participate. Sewing machines are available or you can bring your own. We are in great need of **KID'S PRINT** fabric. We have many pieces of fabric with flowers, but not much for younger children. We always need **yarn**, so please keep your eyes and ears open for more. Bring a sandwich; drink and dessert are provided. Call Pat @ 301-460-5451 for info.



FAIR BOOTHS

"Makin Tracks to the Fair"

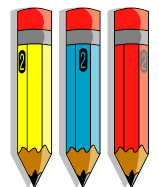
August 12 - 20



Planning and working on the **Fair Booths** has begun. If you could design a display to present at the Fair, please let me know (301-384-2805). We have display boards that you can borrow or you can design a free style booth. Also if you can spend some time at the Fair to sit by the booths and talk about FCE, blanket making, support for the troops etc, please contact Pat Kenney (301-460-5451) or me.

BACK to SCHOOL ITEMS

We will collect school supplies and back packs for needy children. **FOR THE BOY'S RANCH we will collect NEW twin size sheets and pillow cases.** (See page 3 for info about Boy's Ranch.)



Watch your newspaper this summer for back to school supplies specials.

More questions, call Frann (301) 253-2589 or Jeanne at (301) 384-2805.

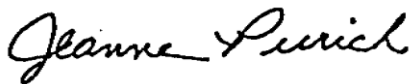
Update on the Boy's Ranch
Linda Clark, Executive Director
September 13 9:45 AM
Extension Office

Now that the RANCH will have been opened for about 3 months, Linda will be able to tell us what is happening, what are their needs and what do they see for the future. Please put September 13th on your calendar and come to the Extension Office to learn about the "new" Boy's Ranch.

Maryland FCE Annual Conference
November 1 and 2, 2016
Best Western, Westminster, MD

Come to the conference and enjoy two days of fun, learning, good food and camaraderie. Topics under consideration are: Drug Interventions – what it is and when is one needed, Obesity, CPR, Bee Keeping and a talk about Native Americans. We will be bring the latest information from NAFCE. Registration for the Annual conference is in the summer issue of the MDAFCE newsletter, *Look What's Happening*.

Have a safe, fun and wonderful summer, come on down to the Fair and plan for some fun Fall activities.



jcpurich@cs.com

301-641-4878

FUN DAY

When: Thursday, June 23, 2016 10AM
Where: Lakeside Cottage of Frann & Jack Peters
197 Longstreet Drive, Lake Heritage, Gettysburg, PA
(717-338-1591)
Lunch: 12 noon Dinner: 5:30 PM.

We will have **Fun at the Panama Canal** with Chuck and Phoebe Smith. Besides boat rides, a trip to a mill and garden in the afternoon.

Donation: \$10.00 per person. Send check made to MCAFCE to: **Marilyn Simonds**
13708 Lionel Lane
Rockville, MD 20853

If you need a ride, have extra room in your car, or have comments, questions or will donate food please contact Jeanne 301-384-2805 or Frann 301-253-2589. **Driving directions on page 8.**

NEWS FROM FRANN PETERS

FUN DAY

Thursday, June 23, 2016. Come for 10 a.m., coffee. Join FCE members and friends for a day of programs, fun, and food, trips, jokes, shopping and R and R. Weather permitting we will do the boat ride. All donations benefit the Scholarship Fund. Any questions? Call: Frann: 301-253-2589 (717 338-1591) or Jeanne: 301-641-4878.

Stamps

FCE has donated 8,836 stamps and postal cards to Rockville Village. The residents prepare the stamps for sale at their fall events. The profit from that sale is used for monthly birthday cakes for the residents and gifts at holidays for residents without family.

Ranch

The Ranch is grateful for the donation of six sheet sets, 10 extra pillow cases and \$200.00 for more bedding from the membership. New twin size sheets and blankets are always needed. Pillows and "boy type" magazines are welcome.

Maryland Sheriffs Youth Ranch will reopen on June 1st as a short term resident for youth (boys) ages 13 – 18. The youth will stay one to three months with plans to return home after their treatment for alcohol and drug problems. The Executive Director, Linda Clark, will be our guest speaker at the September 13, 2016 FCE meeting.

Laytonsville Haven

Thank you for donations and ideas – craft ideas – paints – things to paint – magazines – perfume – fun things. These ladies appreciate your interest and support.

Scholarships

Victoria Martinez O'Reilly along with her dad, attended the Spring Luncheon. Each shared their appreciation of receiving the Early Childhood Education Scholarship. Victoria plans a career of teaching and giving back to her community. Donzaya Chamberlain was unable to attend. Greg Enloe of Montgomery College Foundation spoke of the college's appreciation of our efforts.

SCAMMERS OFFERING TO HELP WITH DISABILITY APPLICATIONS

Andrew Johnson, Division of Consumer and Business Education, FTC

Scammers are trying to get personal information from people by pretending to help with applications for disability benefits and claims. A recent alert from the Social Security Inspector General warns of this phishing scam, and — whether or not you’ve started an application for benefits — these scammers could contact you. They’re taking a shot in the dark, hoping that you have started an application, and hoping you’ll give them a little more info over the phone. To “complete the process,” they might ask you to give, or confirm, your Social Security number or bank account numbers.

If scammers get your information, you could face identity theft and benefit theft. So here are a few things you can do to help protect yourself:

- Never give your Social Security number or account numbers to someone who calls you.
- Don’t wire money or send money using a prepaid debit card. In fact, never pay someone who calls out of the blue.
- If you have disability benefits, regularly check their status, and review your statements to make sure they’re right.
- Pressured to provide your information? That’s a sure sign of a scam. Hang up immediately and report it to the Social Security Fraud Hotline and the FTC.

If you have questions about disability benefits, or get calls offering help with them, call the Social Security Administration at 1-800-772-1213.

BOGUS DEBTS, BOGUS COLLECTIONS

Christopher Koegel, Assistant Director, Division of Financial Practices, FTC

At the FTC, we sue abusive debt collectors and try to do right by people who’ve been harmed by unlawful practices. But we also try to protect people from being harmed in the first place. That’s exactly why I’m here: to warn you about debt collectors calling about debts that the FTC knows are bogus.

The bogus debts supposedly are payday loans from these companies: USFastCash, 500FastCash,

OneClickCash, Ameriloan, United Cash Loans, AdvantageCashServices, or StarCashProcessing. The companies are real, but if you’re hearing from anyone other than those companies, the debts are fake and you don’t need to pay.

Sometimes, if they can’t collect money owed to them, companies sell lists of those debts to debt collectors. But, in this case, we know that didn’t happen. The company that processed and serviced loans from these companies told the FTC that it never sold any customer or account information to debt collectors. Their lawyer even filed a legal declaration saying that.

Even so, we’ve still heard about abusive calls from debt collectors claiming to be collecting money owed to the companies listed above – and we already know that’s not true. But we also know that many of the people who have been called never even had a loan with those lenders in the first place – so the debts themselves also are bogus.

What to do if you get a call from a debt collector who says you owe money to one of those companies? You have rights. Ask for a validation notice, which says what you owe and to whom. After you get it, consider sending a letter saying that you don’t owe the debt. If you’re getting debt collection calls, check your free credit report at annualcreditreport.com. If a debt you don’t recognize shows up there, follow the instructions to dispute the debt. And, as always, report any problems to the FTC.

ABOUT ZIKA VIRUS DISEASE

Zika virus disease (Zika) is a disease caused by the Zika virus, which is spread to people primarily through the bite of an infected *Aedes* species mosquito. The most common symptoms of Zika are fever, rash, joint pain, and conjunctivitis (red eyes). The illness is usually mild with symptoms lasting for several days to a week after being bitten by an infected mosquito. People usually don’t get sick enough to go to the hospital, and they very rarely die of Zika. For this reason, many people might not realize they have been infected. However, Zika virus infection during pregnancy can cause a serious birth defect called microcephaly (<http://www.cdc.gov/ncbddd/birthdefects/microcephaly.html>), as well as other severe fetal brain defects.

Once a person has been infected, he or she is likely to be protected from future infections.

Zika virus was first discovered in 1947 and is named after the Zika Forest in Uganda. In 1952, the first human cases of Zika were detected and since then, outbreaks of Zika have been reported in tropical Africa, Southeast Asia, and the Pacific Islands. Zika outbreaks have probably occurred in many locations. Before 2007, at least 14 cases of Zika had been documented, although other cases were likely to have occurred and were not reported. Because the symptoms of Zika are similar to those of many other diseases, many cases may not have been recognized.

In 2015, the Pan American Health Organization (PAHO) issued an alert regarding the first confirmed Zika virus infection in Brazil. On February 1, 2016, the World Health Organization (WHO) declared Zika virus a Public Health Emergency of International Concern (PHEIC). Local transmission has been reported in many other countries and territories. Zika virus will likely continue to spread to new areas.

Specific areas where Zika is spreading (<http://www.cdc.gov/zika/geo/index.html>) are often difficult to determine and are likely to change over time. If traveling, please visit the CDC Travelers' Health site for the most updated travel information.

Prevention

If you live in a state (<http://www.cdc.gov/zika/vector/range.html>) or area (<http://www.cdc.gov/zika/geo/index.html>) with the mosquito that spreads the Zika virus and you are concerned about Zika, learn how to build your own Zika Prevention Kit.

Your kit should include items that will reduce your risk of getting Zika. Reducing the risk for Zika is particularly important for pregnant women.

Your kit should include:

- A bed net
- Insect repellent (<http://www.cdc.gov/zika/prevention/index.html>)
- Permethrin spray
- Standing water treatment tabs
- Condoms

Here's what you can do to control mosquitoes outside your home.

- Install or repair and use window and door screens. Do not leave doors propped open.
- Once a week, empty and scrub, turn over, cover, or throw out any items that hold water like tires, buckets, planters, toys, pools, birdbaths, flowerpot saucers, or trash containers. Mosquitoes lay eggs in water.
- Tightly cover water storage containers (buckets, cisterns, rain barrels) so that mosquitoes cannot get inside to lay eggs.
- For containers without lids, use wire mesh with holes smaller than an adult mosquito.
- Use larvicides to treat large containers of water that will not be used for drinking and cannot be covered or dumped out.
- Use an outdoor flying insect spray where mosquitoes rest. Mosquitoes rest in dark, humid areas like under patio furniture, or under the carport or garage. When using insecticides, always follow label instructions.
- If you have a septic tank, repair cracks or gaps. Cover open vent or plumbing pipes. Use wire mesh with holes smaller than an adult mosquito.

Here's what you can do to control mosquitoes inside your home

- Keep windows and doors shut and use air conditioning when possible.
- Keep mosquitoes from laying eggs inside your home. Once a week, empty and scrub, turn over, cover, or throw out any items that hold water like vases and flowerpot saucers.
- Kill mosquitoes inside your home. Use an indoor flying insect fogger or indoor insect spray to kill mosquitoes and treat areas where they rest. These products work immediately, but may need to be reapplied. Always follow label directions. Only using insecticide will not keep your home free of mosquitoes.
- Mosquitoes rest in dark, humid places like under the sink, in closets, under furniture, or in the laundry room.
- Use an indoor fogger or indoor insect spray to reach and treat areas where mosquitoes rest inside the home.

MDAFCE Association Meeting

April 12, 2016

15 present + I guest

Call to Order, Creed, and Pledge

Treasurers' Report and Budget, Marilyn Simonds: Funds available: \$9,367.06

President's Report, Jeanne Purich: Spring Luncheon Saturday is 4/30 at 10:30 a.m. at Extension Office, cost \$15.00, sign up today. Individuals bring a 6 pack of annuals for The Ranch. Clubs are to bring a flat of annuals. Books for Newborns and a door prize wrapped are also to be brought. For the ACWW Women Walk the World, we will walk our parking lot. Pillow Case dress making will be on April 18 and April 25 at 10 a.m. Bring a sandwich, dessert and beverage will be provided. There are 6 machines available, but if you have one bring it. Volunteer Recognition day will be on May 18th, details to be announced but you MUST call to RSVP. YARD SALE setup June 2 and the sale is June 3 and 4 – rain date is June 11. A bus trip to Wheeling West Virginia to Olgebay Park to see the Christmas light display. Cost will be about \$380 to 390 and will include trip, 2 nights room, tea, museum and all fees. Save the date. State Conference will be in November, location to be announced. Meeting room prices have increased. We are no longer Linus Project. We are associated with Warm up America. Dates for blanket making: May 10 at 10 till 3, June 10 at 10 to 9 p.m. and August 2 at 10 until 3 p.m. Pat Kenney is much better. We hope to see her soon. The Fall Festival is scheduled for set-up on Sept 30th. THE FESTIVAL IS October 1. We need volunteers! Frann needs help with the "kid's room". Lunch will be provided. Again thank you Doris for keeping us safe by monitoring the lunch room. The Fair is August 12 – 20. Plan to come and sit in our booth.

Publicity, Judy Armitage: We continue to advertise in the usual places. Kathy Mack is also advertising for us in the places that she knows. We will advertise in the Washington Post for the Yard Sale. The cost will be about ninety dollars.

Scholarship Committee, Frann Peters: We have letters from our two recipients that will be distributed for you to read.

Laytonsville Haven, Frann Peters: We continue to need ideas and items for them to do as crafts.

Boy's Ranch, Frann Peters: A motion made to use the \$200.00 that we usually give to the Ranch for one boy for Christmas at this time to buy sheets. Motion seconded and past and a copy attached.

Speaker: Patricia Labovitz on Human Immigration.

NATIONAL FCE CHALLENGE: EVERY MEMBER IS TO GET ONE (OR MORE) NEW MEMBER. WHEN YOU GET A NEW MEMBER, MARYLAND FCE WILL ENTER YOUR NAME AND YOUR NEW MEMBER'S NAME INTO A DRAWING FOR FREE REGISTRATION FOR THE BOTH OF YOU TO ATTEND THE STATE CONFERENCE IN NOVEMBER. CARRY BOOKMARKS OR BLANKET MAKING CALENDARS WITH YOU TO TELL FRIENDS, RELATIVES, NEIGHBORS, AND ACQUAINTANCES ABOUT FCE AND TO ENCOURGE THEM TO COME AND JOIN.

Adjourn.

Respectfully submitted, Judy Armitage

Directions to Fun Day:

Take 270 North to 15 North into Pennsylvania. Exit at Baltimore Street – Right (see Outlets) into intersection – left into Heritage Drive.

Or take Route 97 North into Pennsylvania (Watch for Gettysburg Village Mall Signs). Just ahead, see Heritage Drive entrance on your right.

Stop at the gate and give destination #197 Longstreet Drive. You may park at 196 and 197 and 198. Need more information call 717-338-1591.



**UNIVERSITY OF MARYLAND EXTENSION
MONTGOMERY COUNTY OFFICE
18410 MUNCASTER ROAD
DERWOOD MD 20855**

FIRST CLASS MAIL

