



Family and Community Education Hi-lites

March – May 2019

www.mdafce.org/mcfce.htm

Montgomery County Association for Family and Community Education Newsletter

Happenings

“When a thoughtless or unkind word is spoken, best tune out.” – **Ruth Bader Ginsburg**

March

- 12 TU Fire Prevention and Fire Safety at Home - What You Need to Know!
Jim Resnick, Program Manager (Contractor) Senior Outreach & Education
Association Meeting 9:45 AM Extension Office Garage
Refreshments: Olney-Sunshine
- 19 TU Cookie Packing, 10 AM, Laurel Methodist Church
- 26 TU FCE Blanket Making, 10 AM - 9 PM Extension Office Garage



April

- 9 TU *Clara Barton's Washington* program presented by
Susan Rosenvold, MC Historical Society
Association Meeting 9:45 AM Extension Office,
Refreshments: Burtonsville
- 29 SU Women Walk the World. Details on page 2.



American
Red Cross

May

- 1 MO *Hi-lites* Deadline
Look What's Happening deadline
- 3 FR FCE Blanket Making, 10 AM - 3 PM. Extension Office Garage
- 10 FR Set-up for Spring Luncheon 10 AM
- 11 SA Spring Luncheon, Extension Office (\$15.00) 10:30 AM - 2 PM
See page 2 & 8 for details. “The World of Butterflies!” Speaker Ruth Bortz
- 15 WE Volunteer Recognition, 5:30 PM, Extension Office, RSVP
- 27 MO Office Closed (Memorial Day)
- 28 TU Executive Board Meeting, 10 AM, Extension Office
Hi-Lites folding

June

- 11 TU FCE Blanket Making, 10 AM – 9 PM. Extension Office Garage
- 20 TH Fun Day at Gettysburg – Registration required (\$10.00). See page 3 for details.



President's Paragraphs

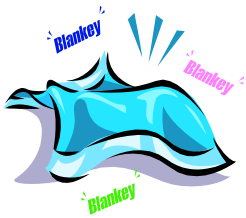
Fire Prevention and Fire Safety at Home – What You Need to Know!

**Jim Resnick, Program Manager
Senior Outreach & Education
March 12**

Cooperative Extension Office 9:45 AM

Over the winter, we have heard of some horrific house and business fires. Let's all be safe and learn what can be done to decrease chances of fire and increase chance of survival. Please view this video before the program.

<https://www.youtube.com/watch?v=bSP03BE74WA>



FCE Blanket Making

**March 26 Tuesday
10 AM - 9 PM**

April - No Blanket making

May 3 Friday 10 AM - 3 PM

June 11 Tuesday 10 AM - 9 PM

Ready to get out of the house after a long winter? Come to blanket making – no skills needed to participate – to warm your heart and have a “warm” day. You will meet many interesting people and help a child as well. Bring a sandwich (and a friend); we provide a drink and dessert. We are in GREAT need of washed kid's print cotton fabric!

**Clara Barton's
Washington
Susan Rosenvold, MC
Historical Society
April 9
Cooperative Extension
Office 9:45 AM**



Clarissa Harlowe Barton was born in 1821 and grew up on a farm in Oxford, Massachusetts. Clara became a teacher at the age of 16 and at 30, she opened a free school in Bordentown, New Jersey. After leaving the school due to a pay dispute, she got a job as a clerk in the U.S. Patent Office. In fact, she may well have been the first full-time female employee of the federal government. Come and hear Clara's story in her own words.

WOMEN WALK THE WORLD FOR ACWW

April 29



On or around ACWW Day, April 29, 2019 friends throughout the world are joining in **Women Walk the World**, aiming to raise funds for ACWW's work. ACWW would like members to take part by arranging walks locally. Plan a walk and invite FCE members and friends to join you. Send your funds to Jeanne Gillis (MCAFCE, treasurer).

Spring Luncheon, May 11

“The World of Butterflies”

Extension Office 10:30 AM

Plans are under way for the Spring Luncheon. The Olney-Sunshine Club is organizing this wonderful day. Ruth Bortz will present a very interesting program on our beautiful butterflies and what you can do to encourage butterflies to visit your home.



Each club is to provide a minimum of 3 door prizes (more is appreciated) and a flat of annuals for The Ranch. Individual members in the Lunch Bunch club should bring a 6-pack of flowers/vegetables. Everyone is to bring a “Book for a Newborn”. Registration form on page 8.

Volunteer Recognition Day

May 15

Cooperative Extension Office 5:30 PM

Don't forget that May 15th (Wednesday) is volunteer recognition day at the Extension Office. All are invited but you **must RSVP acceptance to 301-590-9638.**

FUN DAY

Thursday, June 20

Mark your calendars now for Fun Day, Thursday, June 20th. Come to Lake Heritage, Gettysburg, PA for shopping, antiques, sightseeing, boat rides (weather permitting), or just R and R. Details on page 3.

We hope that you'll be interested in many of the activities we have planned for 2019. If you have suggestions, please let me or you VP for Program, Kathie Mack, know. I hope to see all of you at many of these events.

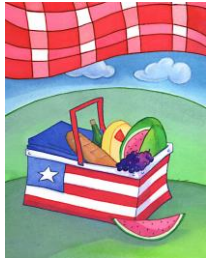
Jeanne Purich

FUN DAY

When: Thursday June 22st 10 AM for coffee until after dinner.

Where: 197 Longstreet Drive, Gettysburg, PA.

Food, fun, sightseeing, outlet shopping – only \$10.00 per person – all proceeds benefit the Mary Irene Waters Scholarship Fund. Please give comments and or suggestions to: Frann Peters at 301 253 2589 or Jeanne Purich at 301 384 2805



TROOP UPDATE

OPERATION SHOEBOX

In 2018, the following was sent to Operation Shoebox for the troops:
 482 Christmas stockings
 878 plastic canvas ribbon angels
 186 helmet liners
 73 pairs of white socks

Also included were toothbrushes, tooth paste, picks, floss, mouthwash, shampoo, conditioner, body wash, and body lotion.



Notes from Frann Peters

The Ranch

The Ranch, a drug and alcohol treatment facility, is doing well. Our \$500 donation was used for much needed printed material. The Ranch really appreciates our continued support and donations of magazines, puzzles, snack foods, tooth brushes and paste, deodorant and laundry detergent.

Montgomery College Scholarship:

We have two nursing scholarship recipients, Filomena Rudd and Loida Medrano. Loida belonged to the Medical Careers program in high school and continues her interest at Montgomery College. She is a first generation student coming to the USA at age seven. She is active on campus and plans to graduate in December 2019. She plans to continue her nursing education.

Filomena grew up in Bethesda in a large Italian family. Her worked as a para-educator with special needs children and caring for her grandmother gave her the impetus to study nursing. After completing her Associates Degree in Nursing, she plans to complete her bachelor's degree and ultimately become a nurse anesthetist.

Laytonville Safe Havens

The residents (12) appreciate personal care items, especially bath powder. New socks, any size, are always welcome as are magazines, nail polish and hair care products. Thank you for supporting these ladies.

Frann Peters

301-253-2589

TREAT THE TROOPS

The following items were sent to the troops in 2018.

TREAT THE TROOPS			
DATE	BOXES	COST	# COOKIES
1/17/2018	36	\$624.60	6,153
3/20/2018	35	\$609.00	5,104
5/16/2018	34	\$591.60	4,580
7/18/2018	35	\$609.00	4,283
09/19/18	30	\$522.00	4,270
11/14/18	35	\$987.00	4,647
11/23/18	7	\$230.85	
TOTALS	212	\$4,174.05	29,037

We will no longer send cookies to the troops BUT we will continue to make Christmas stockings, plastic canvas ribbon angels and helmet liners. Of course we will continue to write cards and notes to the troops. If you have any questions, please contact me.

Maddi Klein

maddik@comcast.net

301-774-8088



ACWW NEWS

ZERO HUNGER

If you have not turned in your bottle of dimes for Zero Hunger, now is the time. We are beginning to tally the final amount to donate to this worthy cause. Remember half of the money collected will stay in the USA to feed the hungry and the other half will be sent to ACWW.



Pennies for Friendship is the lifeblood of ACWW (Associated Country Women of the World), and enables us to produce awareness raising materials on the policy of ACWW, work with the UN, and advocate for the issues facing Rural Women worldwide. This fund maintains the hub of ACWW's work and allows us to facilitate the network that connects women across the globe.



ACWW projects allow you to support real-life changes for women in rural communities around the world. They are women-led, designed by women in their own communities who know best what they need, and we fund them through local women's organizations to

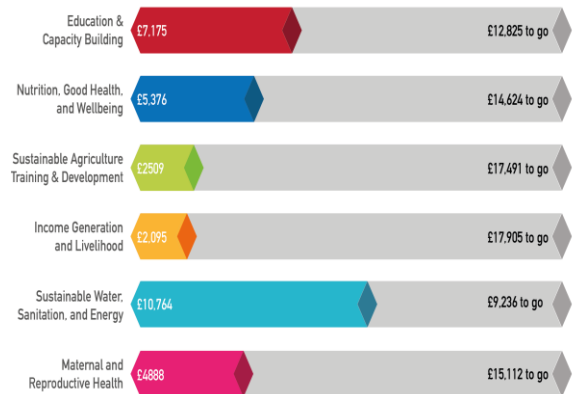
ensure maximum impact.

The Women Empowered (WE) Fund was launched in 2018 as ACWW's new funding initiative for projects. By supporting one of the six Focus Areas, you'll see how you are making a difference to communities around the world.

ACWW's projects are grassroots initiatives, focused on empowering women to make positive, sustainable change and progress in their lives and communities. We fund projects which fall within criteria set by our policy and constitution, summarized in 6 priority areas. When you donate to one of these focus areas, your donation will be earmarked for that specific focus area, and only used to fund projects and their associated costs.

ACWW Projects are making a difference in the lives of women around the world. We are dedicated to the empowerment of rural women

based on the needs they see in their communities. We believe that empowering women is the key to sustainable change, and that empowered women have a responsibility to support their sisters. After all, this is the foundation of ACWW – connecting and supporting women through collaboration, education, and opportunity. Woman to woman. Community to Community. Together, we are empowered.



NEW HOME

Congratulation to Pat and Bob Kenny on their new residence at:
Intergrace at Fairhaven
7200 Third Avenue U-406
Sykesville, MD 21784
443-609-3004

Pat is a 60 member of FCE and was for many years our Special Projects Coordinator. She was also instrumental in starting the blanket making project. Bob, also a member, just celebrated his 90th birthday, Happy Birthday Bob!



Be Clean and Happy in 2019!



As we all know, some New Year's Resolutions are easier to keep than others. Experts say the best way to make a resolution stick is to start small and keep it simple. Here are a few small household cleaning resolutions

that will help keep your family clean and happy all year.

- Pick a day and time once a week to clean door knobs, faucets, and handles throughout your house. Think sinks, toilets, doors, and cabinets! A disinfectant wipe should make it go quickly!
- Set aside time for everyone in the house to find some items to donate. You'll actually have fewer things to clean, and you'll feel better for doing it.
- Create stylish cleaning storage! Cleaning products don't have to reside in an old bucket. Find a cool caddy or bring the family together to personalize one. Pick up some cute gloves and colorful accessories, and you'll love bringing them out to clean.
- Just dust. Work your way around your home removing the dust under and behind furniture, on carpets, and, everywhere in-between.

And if you don't have a lot of time to spend on cleaning, be sure to prioritize these key areas:

- **Bathroom:** Disinfecting toilet bowls, sinks, tubs and showers,
- **Kitchen:** Cleaning cutting boards, countertops and dishes,
- **Laundry:** Washing sheets, towels and bathmats weekly, and
- **Floors:** Vacuuming carpets and mopping floors, reducing asthma and allergy triggers.

CRAFTY CLEAN UP TIPS

If you've got a crafty kid who's planning to make greeting cards, ornaments, and other projects when they're home from, don't let their mess add to your stress! Here are some tips and tricks for preventing messes even before they happen. First and foremost, if you have a

youngster at home, always supervise them around craft supplies, and keep cleaning products securely put away.

Choose Wisely:

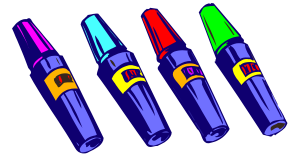
Stock your craft closet with washable paints and markers and water-based craft glue. If any of the coloring mediums get on clothes, simply pretreat the stain with a prewash stain remover and toss the soiled items in the wash.

Finger Paint

Use a plastic tablecloth or tape down a large sheet of paper to help keep the table clean. If you have painting smocks or old T-shirts, have the kids wear them to avoid getting paint on their clothing.

Markers

For regular felt-tip markers (those that aren't labeled "permanent"), rinse the stain with cold water until no more color is being removed. Then place the stain face down on some clean paper towels and sponge with rubbing alcohol. Apply the alcohol first to the clean area around the stain and then directly to the stain. Replace the paper towels as often as needed. Launder using the hottest water that's safe for the fabric.

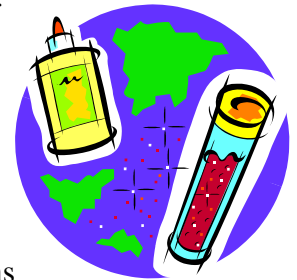


Glitter

Depending on where the glitter lands, the two best ways of capturing errant sparkles are vacuuming them up or blotting them up using the sticky side of masking tape. If you own a hand-held vacuum, keep it nearby for instant glitter control.

Glue

To remove water-based craft glue, scrape off the excess glue. If the glue has hardened, you may need to soften it before you scrape it off. Fold some paper towels into a 1/8"-thick stack. Saturate with warm water and then place the stack on top of the glue stain. Leave the paper towels in place for about an hour until the glue softens. Once you've scraped off the glue, pretreat the stain with a prewash stain remover and launder, using the hottest water that's safe for the fabric.



BEWARE OF SOCIAL SECURITY SCAMS

December 27, 2018

Jennifer Leach, Acting Associate Director, Division of Consumer and Business Education, FTC

Here is a growing social security scam: people pretend to be from the Social Security Administration (SSA) and try to get your Social Security number or your money. That scam is now growing exponentially. To compare: in 2017, we heard from 3,200 people about SSA imposter scams, and those people reported losing nearly \$210,000. So far THIS year: more than **35,000 people have reported the scam**, and they tell us **they've lost \$10 million**.

Scammers are saying your Social Security number (SSN) has been suspended because of suspicious activity, or because it's been involved in a crime. Sometimes, the scammer wants you to confirm your SSN to reactivate it. Sometimes, he'll say your bank account is about to be seized – but he'll tell you what to do to keep it safe. Often, that involves putting your money on gift cards and giving him the codes – which, of course, means that your money is gone.

Your caller ID often shows the real SSA phone number (1-800-772-1213) when these scammers call – but they're faking that number. It's not the real SSA calling.

Here's what to know:

- Your Social Security number is not about to be suspended. You don't have to verify your number to anyone who calls out of the blue. And your bank accounts are not about to be seized.
- SSA will never call to threaten your benefits or tell you to wire money, send cash, or put money on gift cards. Anyone who tells you to do those things is a scammer. Every time.
- The real SSA number is 1-800-772-1213, but scammers are putting that number in the caller ID. If you're worried about what the caller says, hang up and call 1-800-772-1213 to speak to the real SSA. **Do not use redial!!!** Even if the wait time is long, confirm with the real SSA before responding to one of these calls.

- Never give any part of your Social Security number to anyone who contacts you. Or your bank account or credit card number.

If you get one of these calls, tell the FTC at ftc.gov/complaint.

Montgomery County Public Libraries Launches Creativebug



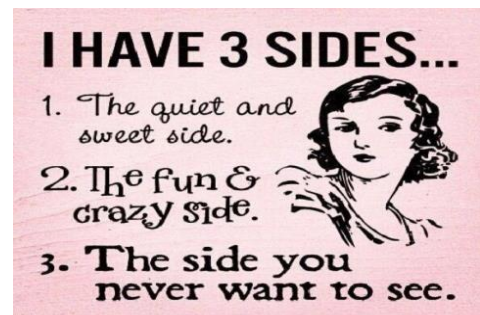
Montgomery County Public Libraries (MCPL) and Creativebug, a leading go-to resource for do-it-yourself (DIY) crafters and makers, began offering free, online video classes on December 1. This unique partnership will provide MCPL customers, with library cards, unlimited access to more than 1,000 award-winning arts and crafts video classes taught by recognized design experts and artists.

There are creative projects for every occasion with downloadable patterns, templates and recipes. From sewing to drawing, Creativebug offers something for everyone to create.

“DIY has become increasingly more popular, the maker movement emphasizes learning through doing and there are over 250 million active Pinterest users,” said MCPL Acting Director Anita Vassallo. “Offering Creativebug supports our strategic plan objective of increasing programs and resources for independent use. We hope our customers will be delighted.”

For more information about how to get a library card to begin using Creativebug, visit www.montgomerycountymd.gov/library
Media Contact: Judy Stiles 240-777-6536

https://www2.montgomerycountymd.gov/mcgportal/apps/Press_Detail.aspx?Item_ID=22628



MCFCE EXECUTIVE BOARD (Association) MEETING MINUTES
November 13, 2018

AGENDA

Call to Order at 10:10, Creed, and Pledge recited.

Treasurers' Report, Jeanne Gillis:	Scholarships:	\$6,799.69		
	General Funds	\$11,909.51	CD	\$5,000.00

President's Report, Jeanne Purich:

Thank you for all the items and help at the Fall Festival. We held a little craft sale at blanket making last Friday and we made an additional \$216.35. Membership Form and Outreach forms are available. Handbooks will be ready next month.

Troop Support – keep knitting or crocheting hats, ditty bags & Christmas stockings. Cookie packing will stop in March of 2019. No more monetary donations are needed.

Cookie Exchange please bring your water bottles with dimes for Zero Hunger. We will also keep collecting them until April. Blanket Making November 9th. We have made over 20,000 blankets!!!! Yay!

Thank you letter for one of our blankets written by the young patient was read and is in the file.

Vice-President's Report, Kathy Mack:

Programs for 2019 have been selected. We have fire safety, Clara Barton and our own CES Educator, Mona Habibi, presenting programs.

Cookie Exchange December 11 (4 dozen cookies and the recipe). We will have some games and a craft or two, then go out to lunch.

Special Projects:

New Blanket making calendar for 2019 available. Dates for FCE events are on the back of the calendar.

International Day, Genie Sidwell:

We had a wonderful program on the Philippines. We were entertained by a lovely couple Jon and Elvie Melegrito, who brought many Angklung musical instruments made of bamboo for us to play. Each one played only one note so we all had to play a single note. We all sang too. Elvie and Jon sang the Hawaiian Christmas song and a Philippine folk song. We all had fun! Thanks to Ginny Hagberg for finding Jon and Elvie Melegrito. Thank you too to all our wonderful cooks who fed us in the manner of the Philippines. All was very YUMMY. A good time was had by all.

Scholarship, Frann Peters:

There is no information yet on the scholarships other than they will be given to two nursing students at Montgomery College.

The Ranch is doing well. There are 40 men there. They would like some snack food and men-type magazines, games and puzzles under 1,000 pieces.

Laytonsville Haven update. Please remember that these women need toiletries and whatever girlie things you might have (nail polish, lipstick, bath and shower gels, etc.) and similar things that are given to the men; i.e. games, snacks and puzzles.

Publicity, Kathy Mack:

Volunteer web site doing well. Also we have been in the Olney Gazette. If you see any ad or publicity in a paper, please either bring it in or tell us what paper you saw it in. Take Blanket Making calendars with you to give to people who seem interested. That way they will have something with a date and place to come.

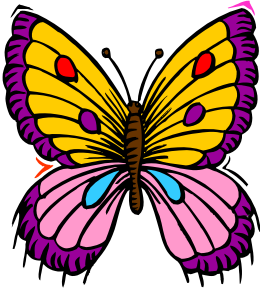
Membership:

Dues to Jeanne Gillis. Recruit a new member. When you recruit a new member put your name on the bottom of the form and you and the new member will be entered in a drawing for free registration at the state conference October 21 and 22, 2019.

Old Business: WE NEED someone for Special Projects- especially the Harvest Festival. Duties include being in touch with Parks and Planning (to get our parking passes), making signs, overseeing kids' games. We all work together but it would help to have some new ideas and new blood.

Announcements: Snow policy – MC schools closed – we do not meet. School delayed 1 or 2 hours – we start at noon.

Genie Sidwell, Secretary



Spring Luncheon May 11, 2019
“The World of Butterflies”
Registration due by April 25, 2019



Registration and get together	10:30 AM
Program	11:00 AM
Lunch	12:30 PM
Announcements/Door Prizes	1:30 PM

Make check payable to MCAFCE for \$15.00 per person and send to:
 Jeanne Gillis 301-926-1038
 101 Rolling Road
 Gaithersburg MD 20877-2043

Name email (if no email use phone number)

University of Maryland
Montgomery County Extension
18410 Muncaster Road
Derwood, MD 20855

FIRST CLASS MAIL

