

WHAT'S HAPPENING

Maryland Association for Family and Community Education, Inc. Newsletter

DECEMBER

- 1 State Dues and Membership Forms due to NAFCE
- 3 10:00 AM MDAFCE Board Meeting, Montgomery County Extension Office
- 31 **Counties Annual reports due Vice President for Program; County's Presidents' Reports due to State President; Membership Appreciation Award due to Vice President for Program**

JANUARY

- All Month Complete and Mail All Annual Reports
- 31 End of County 2018 Essay and Artwork Contest

FEBRUARY

- All Month **Birthday Month – Collect & send pennies to State FCE Treasurer (Pennies are for postage for the newsletter)**
- 1 “Look What’s Happening” deadline for items to Editor
Start county judging of Essay and Artwork Contest
- 4 10:00 AM MDAFCE Board Meeting, Extension Office Anne Arundel County
- 20 Send county winner of Essay and Artwork Contest to state president

MARCH

- All Month Women’s History Month
- 1 Heart of FCE & Spirit of FCL Award entries due State President
- 4 10:00 AM MDAFCE Board Meeting, Extension Office Anne Arundel County
- 8 International Women’s Day

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~ Happy 80th Birthday MDAFCE ~

At the annual conference in October everyone enjoyed delicious cake and received a MDAFCE pen. Have you received your pen? County presidents have a pen for every member. Celebrate FCE and invite a friend to join the fun.

CHARACTER COUNTS!® Contest

Send your CHARACTER COUNTS!® contest winning entry to Libby Wade, MDAFCE President by February 20, 2019.

MDAFCE Web Site is www.mdafce.org

Send newsletters, calendars and information to Libby Wade at dunade@aol.com. Check your county web site for accuracy.

Newsletter Deadline: February 1

Send all articles, Bulletin Board items, address changes and trivia for the newsletter to:

Jean Purich, 15500 Gallaudet Ave,
Silver Spring, MD 20905-4196 or email
to jpurich@cs.com.



FROM THE PRESIDENT

What a great conference! We had a good turnout and great programs. If you missed it, our programs were on Scams, Your American Muslim Neighbor, Smart Action for Using Your Health Insurance, Someone's in the Home Eating Healthy Food, How Does Aging Affect My Senses, and Individuals, Groups, or Teams. Our Business meeting informed every one of our Officers', Committees', and County Groups' activities during the year. We enjoyed the evening entertainment of music for all occasions. The overall evaluations were excellent with the music/entertainment of Standard Delivery getting rave reviews. We got quite a few suggestions about future programs. Be sure to put our next conference on your calendar. Prince Georges County will be our host on October 21 & 22, 2019. We will again be at the Best Western in Westminster, MD.



As we head into the holiday season, I hope all will be thinking of things to be thankful for. And also please try to help out your family, friends and community. My family always goes thru a big effort trying to get everyone together at the same place and same time. And it is always worth it. Whatever your beliefs and traditions are, please remember to be open to all other customs and convictions. The world needs to try to let all people believe in different things. I know that our educational efforts help to teach subjects that help us in our everyday lives and interactions.

Have a Happy Holiday Season.

Libby Wade, President
dunade@aol.com

301-831-8661

TREASURER'S REPORT

Copies of the treasury report are available from Elizabeth Heagy, Treasurer at momheagy@yahoo.com or 410-857-3388.



NEWS FROM THE VICE PRESIDENT FOR PUBLIC POLICY

The Midterm Elections are over for the most part. There are several elections in a few states that will go through recounts, but we are done for now. The 2020 elections loom ahead, and the noise of fighting parties continues. What was the best news of these midterms? The voter turnout was better for both parties than it had been in many years. We need more citizens to become involved and excited about exercising their right to vote. Only by participating in the democratic process, will change be effected and the challenges facing our evolving society be encountered and solved. Even with the awful gridlock in our legislative and presidential components, hope is the key word to focus on after all the hot air, nasty ads, and bitter points of view have been aired on TV, in newspapers, online, and pasted on bill boards. The hope is that some cool minds and caring hearts will see the greater picture of the needs of the people they were elected to serve. The common good still has great meaning in this country. When all are doing well, the substance of our values and ideals are made real. I look forward to the next 2 years and would like to see more of the different groups in our citizenry involved and actively adding their insights and strength to the ongoing process that is the work in progress that we call America.

Debra Rausch

rauschda@gmail.com

301-498-8806

NEWS FROM THE VICE PRESIDENT FOR PROGRAM

We had another great conference in October – they just seem to get better and better. After the opening ceremonies, Dean Brewer, Chief Investigator for the State's Attorney's Office talked about scams. If someone calls you saying they are from the IRS, that you owe money and the police are coming to arrest you, just hang up. It is just one of the many scams Mr. Brewer identified for us. Sameen Piracha introduced us to “Your American Muslim Neighbor” and we now know more about Muslim culture. Dr. Virginia Brown, FCS Educator for Carroll County, informed us on “Smart Action for Using Your Health Insurance” and Shauna Henley, FCE Educator for Baltimore County, told

us “Someone's in the Home Eating Healthy Food”. Our own Martha Moser and Barbara Perry, spoke on “How does Aging Affect my Senses” and “Individuals, Groups and Teams” respectively. Two people from Audiologist Nancy Hart’s office helped us keep our balance in relationship to hearing and ear problems. Ginny Hagburg gave us wonderful exercise breaks and we had the usual informative business meeting. We made 2 crafts, a note pad cover up and a gift card holder, both made from wallpaper samples. Award presentations were made to first time attendee Jeanne Gillis from Montgomery County and new member challenge winners Tami Lounsbury and recruiter Helen DeRoo, both also from Montgomery County. Membership Awards were given to Martha Moser, 20 years; Joan Castellan, 20 years; Mary Koutras, 30 years; Eleanor Cregger, 40 years; Barbara Shipley, 50 years; Frann Peters ,50 years; and Patricia Kenny, 60 years. Congratulations ladies, keep up the good work!

We had the usual good food and some great entertainment at dinner, a trombone and guitar duo. It seemed an unlikely combination, but they were wonderful, playing and singing songs which we recognized and could – and did – sing along to. To end the conference, Kathy Mack led us in the song “Onward, Ever Onward” followed by closing remarks by our president, Libby Wade. As usual, it was great to see old friends and make new ones.

Don't forget there will be another conference next year, same time (Oct 21 & 22), and same place. Please let us know what programs or topics you are interested in so we can plan accordingly. We want to present the programs you want to hear. See you all next year!

A friendly reminder to all counties: please get your reports in by December 31st! Thank you.

Sue Van Slyke
okgunfight@aol.com

301-630-3918

Bulletin Board

Our heartfelt sympathy to Carroll County members and the family of Ruth Shipley and Eleanor Shipley who recently passed away.

IN AND AROUND MARYLAND

CARROLL COUNTY

This has been a rough fall for Carroll County FCE. We have lost 2 of our long standing members – both 93 yrs. old. Ruth Shipley died October 16th after a short illness. She had recently had some falls and her children talked her into going in to an assisted living place here in Carroll County so she would not be living alone this winter. She had been there only about a month when she became ill and died. Her 93rd birthday was only a few days before she died.

Then on Monday, November 5th Eleanor Shipley, 93, died. She had memory and health issues and had been failing for the last year or so.

Both of these ladies grew up in Carroll County, attended school married here and lived with their husbands 70 years or more. Ruth’s husband died in 2015 soon after they celebrated their 70th wedding anniversary. Eleanor’s husband, Dan, is still alive and living here in Carroll County. We will all miss them both!

On October 15th we had our fall meeting. We had a few things to catch up before the State FCE meeting, which we were hosting later in October. For the program, Jeanne Purich came and presented “Are You a Sugar Addict”. All the ladies enjoy having her come and we learned many things about sugar and the added amount of sugar that is in food! This was also our Pot Luck lunch which we all enjoyed!

Seven of us from Carroll County attended the Maryland State FCE Conference. It was a wonderful Conference and was attended by 36 members from all over the state.

One of the good things that happened in Carroll County FCE this fall was that Sarah Korbel brought in a new member – Evelyn Hanson. Evelyn brought approximately 50 baby caps to one of our meetings for newborns in the hospital. Thank you Evelyn, I know the Carroll County hospital is making good use of your caps.

December is always our Holiday Party. Everyone brings Holiday food to share and we play Bingo for prizes. Joan always makes it an exciting time for everyone! We all look forward to what is to come in 2019!

Elizabeth Heagy, Carroll County
momheagy@yahoo.com 410-857-3388

FREDERICK COUNTY

Winter Activities Report

Frederick County FCE and Homemakers Clubs held their Fall Annual Meeting on September 11th at the 4-H Center on Basford Road, with 5 clubs and 30 members and guests in attendance. In the first part of the meeting our guest speaker, Sheriff Chuck Jenkins, spoke on the Heroin and Opioid Drug Crisis in Frederick County. He also talked about various gang activity in the county. The second part of the meeting was a Board of Directors meeting. A potluck meal was shared by all those in attendance. We also had a Friendship Table, with many donated items for sale. Proceeds from the sale will be used to support our future educational activities.

All clubs have been extremely busy this year working on projects for the community. To name a few: the Pleasant Walk club made 21 adult bibs for the students of Rock Creek school, 24 fidgety aprons for nursing homes and 56 baby blankets for the hospital; Gambrill Park club made 75 Patriotic Favors for the Willows at Homewood; and Mid-Valley donated foster care bags and pillow cases. The weather was good and the turnout at the Frederick County Fair the week of September 16th was great! All clubs presented craft demonstrations. The children's book give-away on Wednesday was a huge success as always.

Frederick County FCE and Homemakers will celebrate the Holidays with a gathering on December 5th at the Johnsville Ruritan club. Guests are welcome. There will be food, entertainment, and caroling.

We have some interesting programs already in the works for next year. The listing has been finalized and will appear in next year's program book. We have also started planning next year's spring and fall meetings.

Donna Bowles
donnabowles1@comcast.net 301-473-8452

MONTGOMERY COUNTY

The Harvest Festival was held on a warm Saturday in October. The crowd was lively and we made over \$1200.00 for our scholarship fund. The

kids seem to really love the kid's craft room and the free book!

In November we celebrated International Day by studying the Philippines. We had guest speakers, native Filipinos that told us about their country and culture.

We will have a cookie exchange on December 11th, play some games and make a craft or two. All are invited; bring 4 dozen cookies and the recipe. Afterwards we will go to lunch.

This year, MCFCE made 1,137 children's blankets and 843 baby hats that were distributed to local hospitals. We baked and sent 31,402 cookies, and spent over \$5,000.00 in postage to send the cookies to the troops.

Jeanne Purich
Jcpurich@cs.com 301-384-2805

PRINCE GEORGE'S COUNTY

The FCE Conference is over and we are starting to think about next year's party! We had fun and learned a great deal. Thanksgiving is around the corner and Christmas is not far behind. I know that means the End of Year Activity Reports will be due before the end of December, so the report for National can be put together and sent. Sue and Debbie will be hard at work on it, as soon as the counties send in their 2018 reports with programs, volunteer hours, and people reached. They can be mailed (snail mail or emailed) to Debra Rausch, 9111 Contee Rd., Apt. 101, Laurel, MD, 20708-2112, or rauschda@gmail.com, or Sue Van Slyke, 5736 Fisher Road, Temple Hills, MD, 20748-4136, or okgunfight@aol.com. We hope to surprise NAFCE and our state board by getting it in on time!

Our little group is still plugging along and hope to make 2019 a great year. Happy Holidays to all.

Debra Rausch
rauschda@gmail.com 301-498-8806

MEMBERSHIP

Thank you for the warm welcome you've given me as the new MDAFCE membership chair. NOTE: please correct my email address as found in your membership directories: skmorris1@verizon.net.

County treasurers, thank you for sending your membership forms, checks and information in on time this year. During November, I updated our information and forwarded it to the National Association for Family and Community Education headquarters. Remember, it's possible to join MDAFCE at any time of the year.

In 2019 we are challenging each current member to invite a new member to join their club. Remember, each new member you recruit will qualify you and your new member to receive a chance to attend our fall conference for free. When you receive new membership forms and checks during the year, please send those to your county treasurer as soon as possible. It would be wonderful to see new faces among the many great members we already have!

Susan Morris, Membership Chair
24317 Welsh Road, Gaithersburg, MD 20882
skmorris1@verizon.net 301 482-0439

82nd Annual National Association for Family and Community Education Conference

Austin, Texas ~ Thursday, July 19 - Sunday, July
22, 2018

Theme: Reach for the Stars

Maryland Attendees: Barbara Perry, Jeanne and Ed
Purich, Marilyn Simonds and Sue Van Slyke

Sixty individuals attended the conference with thirteen states represented (nine presidents and four delegates). In three years we've lost 2/3 of our members. Currently we have 3,299 members in 17 states.

The organization is in dire financial straits. The organization is \$11,000 in the red. To aid in addressing this:

1. The newsletter, FCE Today, will be sent by email to all members. Presidents are responsible to send copies to those who do not have email. This saves money and provides better communication.

2. Judy Jones, national office secretary, is now working a three day week (saving \$5,000).

3. Changing our website provider is now \$160 (was \$1,200) and Judy Jones and Scott Teeples now have access as webmasters at any time with no extra fee.

4. Board members meet by phone, email, etc. and pay most of their own expenses for one meeting annually.

5. At the end of each president's term she/he may recommend raising the dues. This could happen now. It is estimated that we need to raise dues \$10.00. It was voted to postpone a vote on a dues increase until the 2019 annual conference.

6. The Board did not receive many reports or brochures from the states this year. It was suggested to have no reports next year. Instead, a summary of each association's activities including statistics is needed.

7. A cheaper insurance premium is needed. An investigation on other plans will be made.

8. A Legacy Fund was begun several years ago with the anticipation of warding off financial problems. States and individual members were asked to pledge \$5,000. (Maryland paid the whole amount to help get the fund started.) Unfortunately, immediate action was not taken and the money given is not bringing the needed dividend. (\$34,915 is in an Edward Jones Mutual Fund.) The money needs to be reinvested and we need more pledges.

Two amendments to the bylaws were passed clarifying officer terms of office and "Legacy Fund" was added denoting a committee of three who are knowledgeable about finances and investment funds.

Public Policy: 20 people received 30 hour FCL certificates (mainly from Tennessee), One received 60 hours. Barbara Perry was awarded the Spirit of FCL award and the Heart of FCE award. (Booklet)

We saw videos of the winners of the Character Counts Art and Essay Contest (1st. Oregon, 2nd. Hawaii, 3rd. Missouri).

The keynote speaker was ACWW World President, Ruth Shanks who shared ACWW news and gave a detailed presentation about three recent projects and the system of funding them from "categories" rather than actual individual projects. Ruth and Joe Ellen Almond, ACWW USA Area President spoke on the following subjects:

Friendship Link Letters: can be exchanged by snail mail, email, Skype, etc.

Zero Hunger Challenge: Dimes are being collected to challenge hunger in the USA and the World.

ACWW Triennial: To be held in Melbourne, Australia April 4-10, 2019.

ACWW Statistics: Begun in 1929. There are 400 societies in 80 countries in nine areas of the world.

Rural Women Survey: Everyone is encouraged to take the on line survey by December 31, 2018. Go to www.ifrw.org.uk for survey.

Pennies for Friendship: Started collecting in 1930's. It is the ACWW enabling fund today.

FCL Workshops:

- Grow as a Volunteer - Issue Analysis and Resolution
 - Stop This Epidemic Now: Opioids - Public Policy
 - Wills, Trusts and Funeral Plans - Group Process
 - Individuals, Groups or Teams - Volunteer
- Hearth Fire Presentations and Programs:
- Asking for a Friend...How Does Aging Affect My Senses?
 - Someone's in Your Home...Eating Healthy Food

The conference included an excellently narrated tour of downtown Austin (including the capital building and parts of the huge campus of Texas University). The tour then headed to the hills of central Texas where we had a "Salt Lick" famous brisket BBQ luncheon.

The Sunday morning inspirational service, which included music by the "Sweet Memories", was followed by a craft session for attendees to create a wreath using bandanas or fabric.

The 2019 conference will be in St. Louis. Start planning to attend!

Barbara Perry, delegate

DO YOU HAVE A VW PASSAT TDI?

November 5, 2018

If you have a 2012, 2013, or 2014 Passat 2.0L TDI and got the approved emissions modification, Volkswagen has identified a potential problem with the "fix" it installed on your car that needs your immediate attention. You'll be getting a detailed letter in the mail from VW about this.



Country Women's Council USA

**Dubuque Iowa
September 9 – 14, 2018**

The Dubuque American Legion Post 6 Color Guard opened the meeting at 9 AM with the presentation of colors and the National Anthem. The Flag prayer was also preformed explaining that white is for purity, red for courage and blue for tranquility, happiness and peace. Opening ceremonies continued with the Pledge of Allegiance, the singing of America the Beautiful and introductions of the CWC board members. Mayor Ray Buell and the Iowa Master Farm Homemakers Guild (IMFHG) president, Marylou Ahrens brought greetings and invitation to the 90th Anniversary of IMFHG.

Motions included:

- Beverly Earnhart, newsletter editor, stated that it costs \$346.66 to mail 302 newsletters. The current cost does not cover the mailing. Life members (103 members) do not pay for the newsletter. Motion was made to increase fee to \$21.00. Motion was carried.
- A second motion was made to increase the cost of newsletter to \$27.00 which will better cover the cost of mailing the newsletter. Motion was approved with 2 opposed.
- A motion was made to increase the society membership dues by \$15.00.

Currently Category societies I pay \$75.00 would increase to \$90.00; II pay \$50.00 would increase to \$65.00; III pay \$25.00 would increase to \$40.00.

Vote was 4 yes, 10 no, 2 abstentions – Motion failed.

- A motion was made to increase all categories by \$25.00.
- Vote was 5 yes, 10 no, 1 abstention – Motion failed.

The ACWW project 1023 – India - enhancement of nutrition and health security through home gardens for Dalet women still needs funding of \$1182.47. \$3081.71 was collected in 2017 and \$210.82 was collected in 2018.

Ruth B Sayers scholarship had 37 applications with 2 applications being disqualified.

Five were from Alabama, 15 from Iowa, 12 from Indiana and 3 from Wisconsin. There were four scholarships awarded, one each in the four states that sent applications.

The webmaster, Pam Hanfland, updated the web site with the CWC newsletter, registration, board members and society members. All info for Facebook should be sent to Pam (phanflan@gmail.com) and she will post.

The rotation of officers incoming for 2019 are the Affiliates – Vice President. Debbie Mott will fill the position. A secretary is also needed. Later in the meeting, a secretary was chosen, Becky Conley. A new treasure is needed.

Friendship Links – Pen Friends – societies can also be a pen friend. There is a 105 year old that still gets letters from her pen friend.

The proposed budgets for 2019 and 2020 were unanimously approved.
ACWW Report.

There are 412 societies, 9 million women and 72 countries belong to ACWW. Everyone is encourage to take the Rural Women survey that is on the ACWW website (www.ifrw.org.uk).

There are two resolutions that are being put forth by CWC.

- Be it resolved to continue financing and supporting the research needed to eliminate the world wide incidence of iron deficiency.
- Be it resolved to continue to identify and reduce specific drivers of insect pollinator decline, developed agricultural pollinator friendly practices and promote greater public awareness of the role of insect pollination in the global food production.

Other resolutions include the following areas. Exact wording of the resolution will come out later.

- Protection of coral reefs
- Map and register old landfill sites
- Eliminating plastics
- Climate change, decrease greenhouse gas
- Women work for fair wages
- Domestic violence
- Gender sensitive care
- Nutrition for women
- Rabies
- Query fever
- Toileting with dignity, sanitation

There are three people running for CWC-USA Area President.

Maryilyn Daughhete from Illinois Home and Community Education

Bonnie Teeples from Oregon Family and Community Education

Pat Weitzmann from Illinois Home and Community Education

Jo Ellen Almond is running for Deputy World President along with Alison Burnet from Scotland. There is also a call for committee members. They meet two times a year in London. Positions are available on the project, agricultural, media, UN and publications committees.

Jo Almond reported:

Zero Hunger has collected \$2,699.42 so far. The campaign will continue until April 2019.

She reviewed the summit meeting in Indianapolis. Talks included human trafficking and what other organization can we partner with.

ACWW Projects in Common – instead of funding individual projects as we have done in the past, ACWW wants everyone to fund the “WE Fund” which will be a general projects fund. ACWW will decide how the money will be distributed.

Jeanne Purich, delegate

(This report was edited for the newsletter. The secretary has the full report.)

Zero Hunger Challenge

Each of us recently enjoyed a bountiful meal with family and friends and we give big THANKS for the nourishment and companionship provided for us Thanksgiving Day and every day.

Unfortunately, many people in our country and around the world do not have a balanced diet on a daily basis. To help to ease this situation each of us has a small water bottle in which to save dimes to help to bring hunger to an end. Members who attended the MAFCE fall conference brought their bottles and we tallied \$530 toward providing future meals. Their bottles are back home so they can continue to collect dimes to be tallied again in March. Could we reach \$1,000 or more?

How many dimes are in your bottle? When shopping do you ask for change in dimes? A makeable New Year's Resolution is to fill that bottle by March. A bottle can hold \$50 in dimes.

This project is sponsored by ACWW.

Pumpkin Crisp

Prep 30 m

Cook 1 h

Ready in 1 h 30 m

Ingredients

- 1 (18.25 ounce) package yellow cake mix
- 1 egg
- ½ cup butter, melted
- 1 (29 ounce) can pumpkin puree
- 2 eggs
- 1 teaspoon ground nutmeg
- 1 teaspoon ground cinnamon
- ½ cup white sugar
- ⅔ cup evaporated milk
- ¾ cup white sugar
- ½ cup butter, softened



Directions

1. Preheat oven to 350° F (175° C). Set aside 1 cup cake mix for the topping. Combine remaining cake mix, 1 egg, and melted butter or margarine. Pat into a 9 x 13 inch baking pan.

2. In a large bowl, mix pumpkin, 2 eggs, spices, 1/2 cup sugar, and milk. Pour pumpkin mixture over the cake mix crust.

3. In a small bowl, combine 1 cup cake mix and ¾ cup sugar. Cut in ½ cup softened butter until mixture resembles coarse crumbs. Sprinkle mixture on top of pumpkin mixture.

4. Bake at 350° F (175° C) for 55 minutes.

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**Maryland Association for
Family & Community Education
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