

# WHAT'S HAPPENING

Maryland Association for Family and Community Education, Inc. Newsletter

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## JUNE

- All Nominees for State Officers, Group I
- 3 10:00 AM Executive Committee Meeting, Carroll County Extension Office
- 14 Flag Day

## JULY

- 4 Happy Birthday America
- 19-21 NAFCE Annual Conference, Fargo, ND



## AUGUST

- All **All County Associations' List of Officers and Committees for 2014 should be sent to State President**
- 1 **LOOK WHAT'S HAPPENING** deadline for items to Editor
- 5 10:00 AM Executive, Education & Finance Committee Meeting, Prince George's County Extension Office

## SEPTEMBER

- All CHARACTER COUNTS!sm Essay and Artwork Contest starts  
Collect 2014 Dues-Membership Drive  
National Literacy Month
- 9 10:00 AM Executive & Education Committee Meeting, Anne Arundel Extension Office
- 19-20 Maryland FCE Annual Conference  
Sheraton Washington North Hotel  
4095 Powder Mill Road  
Beltsville, MD 20705

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## CHARACTER COUNTS!sm Contest for 2012 - 2013

Jake Bower from Carroll County won First Place for Maryland in the National FCE CHARACTER COUNTS!sm Essay and Artwork Contest. He received \$50 from MDAFCE. His contest papers were sent to National FCE for competing with other state's winners. Karis Edwards from Prince George's County won Second Place. She will receive \$25.

## MDAFCE Web Site is [www.mdafce.org](http://www.mdafce.org)

Continue to send information and calendar updates for your web page. Send newsletters, calendars and information to Libby Wade at [dunade@aol.com](mailto:dunade@aol.com).

## Newsletter Deadline: August 1

Send all articles, Bulletin Board items, recipes, address changes and trivia for the newsletter to:  
Jean Purich, 15500 Gallaudet Ave,  
Silver Spring, MD 20905-4196. Please email me at [jcpurich@cs.com](mailto:jcpurich@cs.com) with your information.



## FROM THE PRESIDENT

### The Wizarding World of FCE

As we end spring and move into summer, the Board has been planning for the 2013 Annual Conference. We will be celebrating our 75<sup>th</sup> Anniversary and will have exciting and educational programs that our members will love. Also, the musical entertainment for Thursday evening sounds like it will please all those attending. Let us try to exceed the past attendance by having a super turnout. The programs and meals are being planned and finalized and those attending the National Conference will be bringing back more ideas and programs.



Several County Clubs joined in "Women Walk the World". Even if the members could not walk, we are supporting our sisters by donating financial aid to women around the world.

The Board has met at the new Anne Arundel County Extension office and will be rotating through the counties for future meetings. The May meeting was held in Frederick County. The June meeting will be in Carroll County and August will be in Prince George's County. Everyone is welcome to attend these meetings the first Monday of the month.

I would like all members to consider how they can contribute to our County and State organizations. We need new ideas on how to reach the women of Maryland and how we can help them contribute to families and communities.

Libby Wade, President  
dunade@aol.com  
301-831-8661

### Nominating Committee

The positions up for election are President-elect, Vice President for Program and Secretary. Evelyn Zeigler and Barbara Perry have agreed to keep their positions if no one comes forward. However, we need a President-elect. President-elect gives you one year of training before becoming State President. Anyone can do this. If you would like to run for this position, please contact me.  
Glenna Burgess, 301-385-1001

## PUBLIC POLICY NOTES

### Bills passed in the 2013 Maryland Assembly

1. Storm Water Fee - The bill requires localities to make money available for projects aiming to reduce runoff from roads, buildings and parking lots. The law will affect Maryland's largest counties and Baltimore. Montgomery will not be affected because they already have a similar fund. The Senate adopted an amendment to exempt government property and volunteer fire stations from paying a fee.
2. Flush Tax - This tax added to water and sewer bills will cost double the present tax of \$30 to \$60 starting in July. The money is to be used to fund sewage treatment upgrades and restoration activities for the Chesapeake Bay. An amendment adopted by the Senate would keep the \$30 tax for far Western Maryland and near Ocean City as their water does not drain into the Bay's watershed.
3. Counties will have to adopt a "tiered" system of rules to limit new housing developments served by septic systems to curb residential sprawl and reduce waste that leaches and pollutes the Chesapeake Bay.
4. The 17th Amendment 100 years late - Maryland will ratify the 17th Amendment to the U. S. Constitution that established the popular election of U.S. Senators. Before that state legislators elected the senators.
5. The Maryland Constitution will be amended to force public officials to resign immediately when they plead guilty or are convicted of a felony or other misdemeanors related to their duties.
6. School children will have to stay in school through age 16 starting the 2015 - 2016 school year. The requirement at present is 15. In the 2017 - 2018 school year, the age will increase to 17 - meaning students will remain until 18.
7. Marijuana Possession - A person convicted of possessing of less than 10 grams of marijuana will face a maximum jail sentence of 90 days and/or a maximum fine of \$500. This is a reduction from present law.

Information taken from the Washington Post / Maryland Politics

Marilyn Simonds, VP for Public Policy  
mjsimonds@verizon.net  
301-871-1609

## NEWS FROM THE VICE PRESIDENT FOR PROGRAM

Your FCE State Board and Montgomery County members are busy planning educational and fun programs for the FCE Annual Conference hosted by Montgomery County in September. This conference will provide all of us with an opportunity to renew old friendships, make new friends, share information and gain new knowledge about the concerns facing our nation today. We hope you are planning to attend.

During the summer months, it is important to keep the FCE name before the public. I hope that any of you who will be involved in county fairs and local festivals will make certain your display has information available about FCE.

Have a pleasant summer!

Evelyn M. Ziegler Co-Vice President for Program  
zieglers@comcast.net  
410-465-3587

## Bulletin Board

In Memory of:

DORIS ARMSTRONG, a Howard County's longtime Homemakers and FCE member, passed away recently. She was a hard worker and volunteer. She held many offices and chairmanships including County President. She will be missed. Our condolences to her husband and family.

BETTY DOOLITTLE, from Montgomery County, passed several weeks ago after a long battle with colon cancer. She will be missed.  
Speedy recovery to:

Maddi Klein (heart) and Mary Helen McIntosh (heart surgery) from Montgomery County.

### DOGGY ODOR

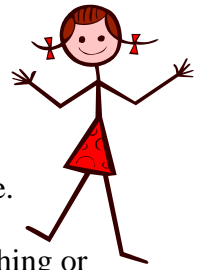
Rainy day cure for dog odor ... Next time your dog comes in from the rain, simply wipe down the animal with Bounce or any dryer sheet, instantly making your dog smell springtime fresh!



## National FCE in Fargo, ND

### Operation Readiness

If you haven't registered for the NAFCE Conference at the Holiday Inn in Fargo, ND on July 18 – 21, it is not too late. You will have fun, see some very interesting things and maybe even learn a thing or two. The cost this year has been lowered to \$125 per day or \$345 for the full conference. Most meals are included in the registration fee. There will be a lot of great educational material and programs presented at the National Conference and this Conference will also include FCL Leadership training sessions for free!



### NAFCE National Conference Programs

The National Conference will include professional speakers and several FCL Workshops:

- **Quilts – Working Together** will show the developmental stages of group process while making a quilt.
- **Power of Teaching – Media Presentations-** In a fun environment, learn to do powerful, effective presentations.
- **What is your Style of Learning?** Are you a visual, auditory, or kinesthetic learner? What is your style of learning? Your style helps you use your skills and those of your members to better the organization.
- **“Someone Asking.....What is Chronic Pain?”** What is it, what can you do about it and how you can help others with chronic pain are covered in this new Hearth Fire.
- **“Dress for Success – Teen Edition”** We ask the question and provide some guidance on the outfit your teen thinks is super cute but is it best for the job interview?
- **“Is There a Vaccine to Cure Rudeness?”** Civility goes beyond good manners. It's an attitude of respect toward others. Civility is the glue that holds sociality together

Complete registration material is located in your Winter **FCE TODAY** or on the web ([www.nafce.org](http://www.nafce.org)).

“In politics, if you want anything said, ask a man. If you want anything done, ask a woman.”

Margaret Thatcher

## IN AND AROUND MARYLAND

### ANNE ARUNDEL COUNTY

Anne Arundel County FCE members walked for ACWW “Women Walk the World” after their regular county association meeting on May 3. ACWW provides support for women and families by donating money for projects such as wells, sewing supplies, health care and school supplies. Money was collected (in addition to the regular Pennies for Friendship donation) and will be sent to ACWW.

In June, Judy Ammenhauser will present a program on “Paints” (what kind to use, where and how to use the new paint types).

### CARROLL COUNTY

Our new year got off to a great start as our president, Joan Antonio experienced a successful hip replacement. The doctor used a very new procedure that allowed Joan to go home in two days and experience very little pain. We introduced Lissa Green, Master Gardener and owner of a new garden shop, Forever Green, at our January meeting. She guided us through the process of “Keeping our Houseplants Healthy During the Winter”.

Member Chris Johnson brought all of us into the 21<sup>st</sup> Century with her program on “Social Media and Facebook”. We were introduced to Area Extension Director, Jeff Myers, who represents Carroll, Baltimore, and Harford Counties. He shared with us his many responsibilities. There were 97 entries from 4 schools for “Character Counts”.

“Grow it, Eat It” workshops are scheduled at the AG Center for spring and summer. We finalized plans for our annual “May Day Luncheon” on May 2. We’ve asked last year’s speaker, Myra Reichart, to come back again. This year she will introduce us to “All Things Victorian”.

Barbara Greaves, Vice President for Program

### MONTGOMERY COUNTY

Forty-six FCE members and guests attended our Spring Luncheon entitled “The Fabulous Fifties”. Attendees were treated to music, dancing and food (macaroni and cheese and meatloaf) of the fifties.

On Sunday April 28<sup>th</sup>, six members met at Brookside Gardens to walk for ACWW “Women Walk the World”. Money was collected at earlier meetings to help women and families and will be sent to ACWW.

We are still sending boxes of love and goodies to the Troops. Here is a list of snacks and other items needed for Treat The Troops:

Powdered Drinks                      Microwave Popcorn  
Beef Jerky                              Slim Jims  
Dried Fruit Snacks                      Blank Note Cards  
Hard Wrapped Candy and non chocolate throughout the year, (chocolate from October to May)  
Cheese and Peanut Butter Crackers  
Individual Packages of Nuts  
Individual Packages of Trail Mix  
Comics with crossword puzzles and Sudoku puzzles

**(NO DOONESBURY PLEASE)**

**LOTS AND LOTS OF CARDS AND LETTERS OF GRATITUDE AND ENCOURAGEMENT FOR OUR TROOPS.**

Next to our boxes of goodies, these written notes from home give our troops a much needed lift. Other than orders to return home, they need this support most. Check with your local schools and Church Sunday School classes to see if the children and staff would take a few minutes to write notes.

As always **MONETARY DONATIONS** are needed to help offset high postage costs and supplies for the 40+ boxes we ship each month to our troops in Afghanistan. The postage costs alone are running over \$500.00 per month. For more information contact:

Maddi Klein 301-774-8088  
maddik@comcast.net

### FREDERICK COUNTY

On April 16, the Frederick County members held their annual spring meeting. The theme of “Supporting Our Troops” was highlighted by great centerpieces and patriotic clothing worn by our members. County Clubs had worked hard on their Scrapbooks to highlight their efforts this past year. Our guest speaker was Cindy Grew, President and Founder of Operation Second Chance, Inc. Cindy informed the group about her efforts to assist the families of our wounded warriors. She also let us know how to best help the families by supplying cash donations or gift cards to select merchants. Check out

their website at [www.operationsecondchance.org](http://www.operationsecondchance.org) for ways that you can also contribute time and resources to this worthy cause. Club centerpieces focused on various patriotic themes, many containing gift cards that were donated to Operation Second Chance.

The Frederick County FCE members and Homemakers Board of Directors supported the Associated Country Women of the World with ACWW Day on April 29, with "Women Walk the World for ACWW". All clubs currently collect Pennies for Friendship to support ACWW, which helps bring a better life to women, through clean water projects and agricultural development projects in 70 countries.

Donna Bowles

### PRINCE GEORGE'S COUNTY

The 'girls' of PGCAFCE have been limping steadily along despite illness, cold weather, job loss, and personal loss. While it looks like Spring 'may' be here, Maryland will keep you guessing until the very last minute. (That rodent up in Pennsylvania doesn't know the DIFFERENCE IN SEASONS from a 'hole in the ground!') Personally, I know a good many people whose bones can tell me more about what the weather will be, LOL.

March saw three of our ladies joining other volunteers in judging the 4-H 2013 Speaker's Contest for Prince George's County. Categories in extemporaneous, dramatic interpretation, radio spots, and prepared speech were represented by ages 8-16. The talents of all the participants impressed us.

Other topics crossing our path this coming quarter will include a 'walk' or stroll at the local mall in our ACWW "Walk Across America" shirts to publicize this worthy organization. We are closing in on our idea for a theme basket for the state conference. We will choose the final items for it at this coming meeting. Sue Van Slyke talked about a possible doll project. She is planning to attend the Triennial Meeting in Chennai, India. We revised our bylaws. Sharon Adamayurka is retyping them for a vote this month. She also proposed our theme for the basket. Spring Luncheon will be decided on this coming meeting - the choices so far, are a tea room in Pasadena, Killarney's Pub, or The Royal Tea Room.

The winner of the PGCAFCE CHARACTER COUNTS!™ Essay and Art Contest for 2013 is Karis Edwards, the daughter of Lisa Edwards. She placed

second in MAFCE'S CHARACTER COUNTS!™ 2013 Contest. CONGRATULATION'S KARIS.! She is home-schooled and her mom is a wonderful example of a caring parent in our eyes!

Prayers are asked for all who have been ill lately-Liz Gordon, Sharon Adamayurka, Marjory George and her husband, A.T., and Alicia Rausch . Condolences are wished for Arnie Rausch on the loss of his mother, Ruth Van Well. Arnie and Debra celebrated 35 big ones on April 15. Then, Arnie lost his job as so many others are going through the same thing! Therefore, we always know that when one door is closed, many more are waiting to be opened. We pray for the strength and persistence to step forward and open as many doors as we can find. Patience and God's help will get us by. This is true for each of us as well as for our country. Pray for our troops and for our leaders to do the work they have been sent to Washington to do and to start working on behalf of the American people, so that we truly can begin to recover from the economic mess of the past four years of recession. Americans always work best when they stand together to do the hard labor that will be needed to put our households back on an even keel. God Bless the USA!

Debra Rausch

### SMILES FOR YOU



Finally, some definitions that make sense:

**ADULT:** A person who has stopped growing at both ends and is now growing in the middle.

**BEAUTY PARLOR:** A place where women curl up and dye.

**CHICKENS:** The only animals you eat before they are born and after they are dead.

**COMMITTEE:** A body that keeps minutes and wastes hours.

**DUST:** Mud with the juice squeezed out.

**INFLATION:** Cutting money in half without damaging the paper.

**MOSQUITO:** An insect that makes you like flies better.

**TOMORROW:** One of the greatest labor saving devices of today.

**WRINKLES:** Something other people have. You have character lines.



**“Violence against women is a heinous human rights violation, global menace, a public health threat and a moral outrage”.**

15 March 2013 – Top United Nations officials today welcomed an agreement by more than 130 Member States on the prevention and elimination of all forms of violence against women and girls, and urged governments to translate the outcome of the “historic” gathering into concrete actions to protect and promote women’s human rights and fundamental freedoms.

“Violence against women is a heinous human rights violation, global menace, a public health threat and a moral outrage,” Secretary-General Ban Ki-moon said in a statement attributable to his spokesperson.

“The Secretary-General hopes that all the partners who came together at this historic session and others around the world will now translate this agreement into concrete action to prevent and end violence against women and girls,” the spokesperson added.

Thousands of representatives of governments, inter-governmental organizations, civil society, the private sector and UN partners collaborated on the outcome document of the two-week 57<sup>th</sup> Session of the Commission on the Status of Women in New York.

The 17-page “Agreed Conclusions” of the Commission “condemns in the strongest terms the pervasive violence against women and girls, and calls for increased attention and accelerated action for prevention and response,” said in a statement the UN Entity for Gender Equality and the Empowerment of Women (UN Women), which supports the Commission.

UN Women said it welcomed the important focus on prevention in the document, particularly through education and awareness-raising, as well as an emphasis on addressing gender inequalities in the political, economic and social spheres.

Among the priorities in the document is the establishment of multi-sectoral services for survivors of violence, including for health, psychological

support and counseling, as well as the need to protect the right to sexual and reproductive health.

As many as seven out of every ten women will experience violence in their lifetimes, according to UN figures. While more than 125 countries have specific laws that penalize domestic violence, some 603 million women live in countries where it is not considered a crime.

“By adopting this document, governments have made clear that discrimination and violence against women and girls has no place in the 21st century,” the UN entity said. “There is no turning back.”

UN Women’s Executive Director, Michelle Bachelet said she was “particularly heartened” that an agreement was reached now given that in 2003, when the Commission took up the topic of violence against women, participants could not agree on a plan.

“We will keep moving forward to the day when women and girls can live free of fear, violence and discrimination. The 21st century is the century of inclusion and women’s full and equal rights and participation,” added Ms. Bachelet.

## **Cheesy Squash and Zucchini Casserole**

### **INGREDIENTS:**

1 pound yellow squash, sliced  
1 pound zucchini, sliced                      1/2 onion, diced  
1 cup shredded Cheddar cheese  
1/2 cup biscuit baking mix (such as Bisquick®)  
1/2 cup butter                                      2 eggs  
1 tablespoon white sugar                      1 teaspoon salt  
10 saltine crackers, or as needed, crushed  
1/4 cup bread crumbs

### **DIRECTIONS:**

1. Preheat oven to 325 degrees F.
2. Fill a large pot with water and bring to a rolling boil. Add yellow squash, zucchini, and onion; bring back to a boil, and cook vegetables until tender, about 15 minutes. Drain and transfer vegetables to a large bowl.
3. Mix Cheddar cheese, baking mix, butter, eggs, sugar, and salt with the cooked vegetables using a large spoon; stir until butter has melted and baking mix has dissolved. Fold crushed crackers into the mixture until the liquid has been absorbed. Pour mixture into a 1 1/2-quart casserole dish; top with breadcrumbs.
4. Bake in the preheated oven until topping is lightly browned and cheese is melted, 30 minutes.

**Maryland FCE Annual Conference 2013**  
**Thursday, September 19<sup>th</sup> – Friday, September 20<sup>th</sup>, 2013**  
**Sheraton Washington North Hotel, 4095 Powder Mill Road, Beltsville, MD 20705**  
**301-937-4422**

Please print or type (complete form for each person attending).

Name: _____	Classification (check all that apply)
Address: _____	_____ FCE Member
_____	_____ Educator/Advisor
_____	_____ Past State President
County: _____	_____ State Officer
Phone: _____	_____ County Officer
Roommate(s): _____	_____ 1 <sup>st</sup> Time Attendee
_____	_____ Guest
_____ Check here if arriving on Wednesday	
_____ E-mail Address (PLEASE)	

**Full Conference Registration Includes:** Educational materials/speakers, **1 night lodging** (9/19), 1 breakfast (9/20 - Continental Breakfast), 2 lunches (9/19 & 9/20), 1 dinner (9/19).

(check here) <b>POSTMARKED BY:</b>	<b>August 10</b>	<b>August 11 – August 20</b>
	FCE Member Scholarship	FCE Member Scholarship
_____ Single Room	\$ 245.00 less \$ 35.00 = \$ 210.00	\$ 255.00 less \$ 35.00 = \$ 220.00
_____ Double Room	\$ 180.00 less \$ 35.00 = \$ 145.00	\$ 190.00 less \$ 35.00 = \$ 155.00
_____ Triple Room	\$ 160.00 less \$ 35.00 = \$ 125.00	\$ 170.00 less \$ 35.00 = \$ 135.00
_____ Quad Room	\$ 150.00 less \$ 35.00 = \$ 115.00	\$ 160.00 less \$ 35.00 = \$ 125.00

**Commuter Registration:**

_____ <b>2-day Commuter</b> Educational materials/speakers, 1 continental breakfast (9/20), 2 lunches (9/19 & 9/20), 1 dinner (9/19)	\$ 110.00	\$ 120.00
_____ <b>Thursday only</b> 9/19 Educational materials/speakers, 1 lunch, 1 dinner	\$ 75.00	\$ 85.00
_____ <b>Friday only</b> 9/20 Educational materials/speakers, 1 continental breakfast, 1 lunch	\$ 40.00	\$ 50.00

If you are staying at the hotel either Wednesday or Friday night, please indicate here. \_\_\_\_\_ Wed (Sept 18)  
 You will pay the hotel directly but we will tell them you are coming. Cost \$ 135.45/night \_\_\_\_\_ Fri (Sept 20)

Make check payable to – **Maryland FCE**  
 Mail check and form to:  
 Marilyn Simonds (301-871-1609) mjsimonds@verizon.net  
 13708 Lionel Lane  
 Rockville, MD 20853

**NO REFUNDS OF ANY MONEY. YOU MUST FIND YOUR OWN REPLACEMENT IF YOU CANNOT ATTEND.**

## **Direction to Annual Conference**

**Sheraton Washington North Hotel**  
**Powder Mill Road, Beltsville, MD 20705**  
**301-937-4422**  
**September 19 and 20, 2013**

### **From the South:**

Take 495 to Route 95 north toward Baltimore.  
Take exit 29 B Route 212 west toward Calverton.  
Make left at first traffic light, make left at "T".  
The Sheraton is on the left at the bottom of the hill.

### **From the North or West:**

Take I-70 E to MD-32 east exit.  
Exit at 95 south, take exit 29 B Route 212 toward  
Calverton, turn right of the ramp. Make left at first  
traffic light, make left at "T".  
The Sheraton is on the left at the bottom of the hill.

### **From local area:**

Take Route 29 South to Cherry Hill Road east. Turn  
left on Calverton Boulevard, right on Beltsville Drive,  
continue 2 blocks to intersection of Powder Mill  
Road. Cross Powder Mill Road (toward movie  
theater), make left at "T", the Sheraton is on the left at  
the bottom of the hill

**Maryland Association for**  
**Family and Community Education**  
**15500 Gallaudet Avenue**  
**Silver Spring Maryland 20905**

