

WHAT'S HAPPENING

Maryland Association for Family and Community Education, Inc. Newsletter

SEPTEMBER

- All Character Counts Essay and Artwork Contest
- Collect 2009 Dues-Membership Drive
- National Literacy Month
- Early Bird Registration for MDFCE Conference
- 1 All County Associations' List of Officers and Committees for 2009 send to State President**
- 8 10:00 AM Executive & Education Committee Meeting, Anne Arundel Extension Office**
- 25-27 ACWW Area Meeting hosted by CWC, Hot Springs, Arkansas

OCTOBER

- 5-11 FCE Week
- 15 Rural Women's Day
- 13-15 MD FCE Annual Conference, Sandy Cove, North East, MD

NOVEMBER

- 1 LOOK WHAT'S HAPPENING** deadline for items to Editor
- Membership Dues to Barbara Perry, Membership Chairman**
- 3 10:00AM Executive Committee Meeting, Anne Arundel Extension Office**

DECEMBER

- 1 State Dues and Membership Forms to NAFCE**
- 1 10:00 AM Executive Committee Meeting, Anne Arundel Extension Office**
- 31 Counties' Annual reports due Vice President of Program; County Presidents' Reports due to President; Membership Appreciation Award due Vice President for Program**

Inside.....

From The President	2
Annual Conference Highlights	2
News from the VP for Program	3
Public Policy Notes	3
In and Around Maryland	3
Directions to Conference	4
ACWW REPORT	5
Marketing FCE	5
Do Not Delay - Pay Today	6
Community Service Award	6
2009 Membership Form	7
Chesapeake Bay Facts	8

MDFCE ANNUAL CONFERENCE

You can still register for the **EARLY BIRD FEE** for the Maryland FCE Conference to be held at the Sandy Cove Inn, North East, MD on Oct 13th, 14th, & 15th.

Character Counts Contest for 2008

Responsibility, the third pillar of character, is this year's focus. Contact your schools (county presidents have the information) and encourage them to participate in the FCE essay and artwork contest from September 1 to December 1, 2008. Winning entries should be sent to Evelyn Ziegler by February 1, 2009.

MDFCE Web Site is www.mdafce.org

Send newsletters, calendars and information to Marie Moeller at mariemoeller@yahoo.com

Newsletter Deadline: November 1

Send all articles, Bulletin Board items, address changes and trivia for the newsletter to: Jean Purich, 15500 Gallaudet Ave, Silver Spring, MD 20905-4196 or email at jcpurich@cs.com.

FROM THE PRESIDENT

In July, I was privileged to attend the National Association for Family and Community Education's Annual Conference. The theme was "FCE CELEBRATES WOMEN!"

The FCL training was well presented and consisted of four categories – Mentoring Magic – The Power of Teaching – Turning Stumbling Blocks Into Stepping Stones – Leading With Knowledge and Influence. This was a full day and evening of learning and participating. It was excellent leadership training.

The conference itself covered so many areas. At the President's Day meeting, there was a question and answer period. The national board members have been looking at cutting expenses and recommended changing the number of regions in the country from four to three, thereby eliminating several officer positions and reducing travel expenses. This recommendation was later accepted at the business meeting.

The motivational speakers were excellent. They really made us think about the roles we as women play in our families, the workplace and the community.

Saturday and Sunday workshops were on topics such as:

- Family Fun Time
- Reverse Mortgages
- Massage
- Political Forums
- Breast Cancer Awareness
- FCE Marketing
- Cherish Your Womanhood
- The Joy of Crazy Quilting
- Being Green
- Blossoming T's

You will be introduced to some of these programs at our Annual Conference at Sandy Cove. If you have any questions about any of these topics don't hesitate to contact me. They can all be easily adapted for your meetings.

We continue to receive so many benefits from belonging to such a viable and active organization as FCE.

I hope that you are all keeping the proper records so that you can submit a request for an Outstanding Unit Award and a Superior Unit Award. More details will be forthcoming at the Maryland Annual Conference.

I hope to see many of you at our Annual Conference in October.

Evelyn Ziegler, Maryland FCE President
zieglers@comcast.net
410-465-3587

CONFERENCE AGENDA Monday, October 13, 2008

Dinner on your own
4 – 6:30 PM Registration
7:00 PM Happy 70th Birthday Party for FCE

Tuesday, October 14, 2008

8:30 AM Breakfast
9:15 AM Conference opens with keynote speaker, author Cathy Gohlke
10:45 AM Business Meeting
Election of Officers
12:30 PM Lunch
12:50 PM "Going Green"
1:50 PM Business Meeting Reconvenes
2:15 PM Workshop
3:30 PM County President's reports
4:45 PM The Incredible Edible Egg
by Michele Close
5:30 PM Dinner and Entertainment
Jack Foreaker, puppeteer and singer

Wednesday, October 15, 2008

8:30 AM Breakfast
9:15 AM "Breast Cancer Update" Laurie Fitzgerald,
Nurse Manager Breast Health Center
10:15 AM "Reverse Mortgages" Tyre Jay
11:00 AM TBA
12:00 AM **Jewelry Sale**
12:30 PM Lunch
1:30 PM TBA

ANNUAL CONFERENCE HIGHLIGHTS**AWARD WINNING AUTHOR TO ADDRESS FCE CONFERENCE**

Cecil County FCE is pleased to announce our own Cathy Gohlke will be the keynote speaker at this year's Annual Conference, October 13-October 15, 2008, at Sandy Cove in North East, Maryland. Cathy's first book, "William Henry is a Fine Name", was published in 2006. The book is about the Underground Railroad in Cecil County and the adventures stretch from North Carolina to Canada. Cathy's first book won the coveted Christy (a Christian fiction award for excellence) Award in 2007. Cathy's second book, "I Have Seen Him in the Watchfires", will be released in September 2008. She will have copies available for sale and will be on hand to sign them. Both books are paperback and reasonably priced and they make great gifts.

Cathy has an amazing personal story to share. You won't want to miss her presentation as our conference officially begins on Tuesday, October 14. Registration deadline is September 15. The registration form is in the Summer 2008 LOOK WHAT'S HAPPENING FCE Newsletter. For another copy contact Judy Pugh at 410-398-4536 or email fdjrpugh@aol.com.

NEWS FROM THE VICE PRESIDENT FOR PROGRAM

HAPPY BIRTHDAY MARYLAND FCE!
Join the celebration for our 70th birthday at Sandy Cove in North East, Maryland on Monday evening, October 13 at 7 p.m. This event will kick off our Annual Conference October 13 through 15th in Cecil County. We plan to celebrate with lots of memories and want YOU to bring some of your Homemaker/FCE memorabilia to share with your longtime and new friends. The party will include birthday cake and each person will receive a special gift! Registration for the party and the Annual Conference was in the Summer 2008 LOOK WHAT'S HAPPENING FCE newsletter. Hurry! Friends and guests are welcome also, but will need to register.

Judy Pugh, Vice President for Program

PUBLIC POLICY NOTESPublic Policy Concerns

There is a new show on CBS, SWINGTOWN. It is about couples in the 70's who swap partners, drugs and more. National FCE is asking you to contact the Federal Communications Commission and/or the sponsors with your thought on this type of programming.

Another show, also on CBS, is 2 ½ MEN. Now that it is in syndication it is shown in some areas at 7 PM, during the "family" hour. There is a young boy in the show exposed to sex and conversations that should not be in front of children.

You can write the sponsors and CBS a short note and let them know that National FCE supports Family Values and object to this type of programming on television. (See web site for sponsors.)

www.mdafce.org/NAFCE_Concerns001.pdf
Product-Safety Bill

Historic legislation that would remove toxic chemicals from toys and police the safety of consumer goods is on the verge of becoming law. It will prevent dangerous products by dealing with hazards before goods reach the marketplace and include products made overseas. Consumers would be able to look up complaints or accident reports involving not only toys, but also lighters, electric saws, cribs and other goods in an online database. The toy industry is hoping the new law will deliver the number 1 item on its list - consumer confidence.

Marie Moeller, Vice-Pres. For Public Policy
mariemoeller@yahoo.com
301-292-2365



Bulletin Board

Rita Bastek is recovering at Riderwood Rehab from a stroke.

Brenda Price is recovering at home after a week stay in the hospital.

IN AND AROUND MARYLAND

ALLEGANY COUNTY

The Allegany County Fall Luncheon will be at Penn Alps Restaurant on Monday, October 13, 2008. The luncheon will begin at noon (12 PM). We will install our officers and have an auction. The event will be over by 3 p.m. After the program, everyone can tour the buildings and craft shops.

Wednesday, October 1, 2008 is the deadline to notify Connie Yates, 19219 National Hwy NW, Frostburg, MD 21532 or e-mail cyates@hereintown.net

Directions: Located just east of Grantsville, Maryland on Alt. 40 (The Old National Pike). If traveling west on I-68, use exit 22 turn right, at stop light turn left, continuing west on US 40 about two miles. Penn Alps is on the right side of the road and has a large parking lot. There is a small state park next to Penn Alps with a nice shaded picnic area. If you enter Grantsville, you have gone too far. If traveling east on I-68, use Exit 19, turn left, then right in Grantsville on US 40 continue east about one mile.

CECIL COUNTY

Cecil County FCE members are looking forward to hosting Maryland FCE Annual Conference in October. We know that beautiful Sandy Cove is a favorite place for people to stay. The changing colors of fall and the view of the water will add to many happy memories. We are planning a silent auction and we are having fun working on ideas for centerpieces that will be given to some lucky folks. Cecil County FCE is offering up to \$25 in scholarships to our own members to attend the conference. See you in October!

MONTGOMERY COUNTY

Montgomery County had 4 booths at the Montgomery County Fair featuring The Linus Project, "New Items to Recycle" "FCE Supports the Troops", and "Irradiation Friend or Foe". We received 4 first place ribbons. We gave out information about FCE and about all the projects.

Four members attended the National FCE meeting in Burlington, Vermont. The meeting kicked off with a S'mores get together at the fire

pit. Topics of discussion were women in leadership roles, reverse mortgages, the benefits of massage, being green and the use of the FCE Friends to illustrate Character Counts™.

PRINCE GEORGE'S COUNTY

Nine FCE members helped 4-H Extension Staff on a 4-H Youth Project Day. Projects were: tie dying, sewing, stuffing pillows, stenciling, cake decorating, making deserts and serving food.

The county will work on a project for sick children with cancer by making pillowcases for Children's National Medical Center (see www.conkerrcancer.org)

A member collects aluminum cans and receives money for Community Support Systems, Inc. and Baden Food Pantry.

Don't Forget the Maryland FCE Annual Conference

It is not too late to register for the conference and we hope to see you there. Make your check to – **Maryland FCE**. Mail your check and form (in the last newsletter):

Judy Pugh 410-398-4536
242 East Main Street
Elkton, MD 21921

Your conference registration includes 2 nights stay at Sandy Cove and five meals. A real bargain! Sandy Cove Ministries rises majestically beside the headwaters of the Chesapeake Bay. Situated on 220 acres of Maryland woodland, this elegant facility features 150 rooms, three fireplaces, a full-service dining room, and cozy sitting areas overlooking the bay.

Directions:

1. From I-95 (a toll road), take Maryland Exit 100 (northbound), onto Route 272 South, to the town of North East. About three miles past the quaint downtown district, you'll see Sandy Cove's large sign on the right.
2. Follow the one-mile wooded lane to the top of the bay. Overnight arrivals, stay to the left at the "Y" and proceed around and down to the main hotel entrance and parking.

ACWW REPORT

Adaptable Malaria Spreads Alarm

An identified trait of malaria and other diseases such as Denghi fevers is to adapt to new environments, such as the southern USA and southern Europe. This ability has increased concern among the wealthier nations.

A foundation set up by Microsoft® chief Bill Gates and his wife Melinda is among institutions which have invested large amounts of money for research into malaria biology and measures to control the mosquito.

The latter include the provision of insecticide treated bed nets. Mozambique, south east Africa, which has one of the highest child mortality rates, has cooperated with UN agencies to distribute them free of charge to pregnant women and children aged under five years.

Bed nets have been shown to decrease malaria cases by about 60 %. But a net must completely cover the sleeping person, be un-torn, and free from mosquitoes before use. It also requires re-treatment with insecticide and this protection tends to be expensive.

Other protective measures include closing doors and windows in the morning and at night a simple step that is said to have contributed towards the elimination of malaria in European countries in the early 20th century.

All standing water should be removed. Water that collects in ponds or small containers like flowerpots, empty bottles or cans, recesses in old tires or wet wood, can be utilized in the mosquito's breeding cycle. Wells should be covered over or drained. Saline water will kill larvae.

Early diagnosis and treatment with anti-malarial drugs is a major requirement. Compliance with medical instructions is also very important to ensure dosage that completely kills off the parasite. Hot spots: Malaria is widespread throughout most of Africa and is present in a number of states in South East Asia.

It also occurs in South America, though in many countries it is restricted to specific areas or regions.

Travelers to malarious countries should ideally seek advice from a healthcare professional

eight weeks before setting out but last minute protection is better than none.

(From the July-September 2008 issue of The Country Woman, the ACWW magazine)

MARKETING FCE

The following is abstracted from an article by Shelia Jackson, National FCE Marketing/ Membership Chairman.

How can we get the word out to Jane Q Public to let her know what a wonderful organization Family & Community Education is? We must market our organization to let people know who we are and what it is we do.

What is "Marketing"? It is getting our name out there where people use it on a regular basis. A news article telling what the latest club project is a great idea. However, has anyone thought about also printing a news article in the paper telling the good things that have resulted from your projects? If your club has donated books to a family, who cannot afford to buy books for their children, why not write a human interest story telling how the parents reading to their children is affecting their lives. Local newspapers might be more receptive to printing human-interest stories focusing on the results book donation.

Write letters to the business in your area telling them (briefly) who your organization is and what you do. Invite them to send a representative the next time you have a project without asking for any donations. If they see the good you are doing for the community, the more likely they are to donate the next time you have an event or project.

Are you up for a good Marketing Challenge? The Marketing Committee would like to challenge each club to put "101 Things To Do With Your Family" in every library, senior citizen building, church bulletin board, etc. for "FCE Family Week". What better way to market your club than to promote family activities during the second week in October? In 2009 you can report on how many posters were used and where they were displayed. The state that displays in the most places will receive a grand prize of 50 posters.

New members who join in 2009 will receive one Character pin and a storybook (NAFCE choice of which one) in addition to the Hearth Fire and welcoming letter.

B. Marie (Rusty) Gardiner, Marketing Chair
301-475-6716

Do Not Delay – Pay Today!

In September we return to scheduled activities and it is time for us to pay our FCE dues for 2009. All dues must be paid to club treasurers in September and forwarded to the county treasurers by October.

Every member is required to fill out a 2009 Membership Form, which is printed in this newsletter. Please tear it out and using black ink type or clearly print the information requested at the top of the page. Do not use abbreviations. Enter your 9 digit zip code. Your “Current Member I.D. #” is printed on your FCE membership card. If you are unable to locate the number, leave the space blank and I will fill it in from my records.

In the Dues box circle your membership status: individual, family or senior. Fill in the appropriate dues for county and clubs that vary throughout the state. Total the column. *Note state dues this year include a \$1.00 per member donation toward The Associated County Women of the World (ACWW) Triennial to be held in the USA in 2010. The last item – the Member Signature at the bottom of the page must be the signature of the individual named at the top of the page.

New Members

Note the box above the Member Signature line. Individuals who have never been affiliated with FCE should check this. At the bottom of the page add, “recruited by” and give the name and address of the member who introduced the new member to FCE. The member will receive a gold star pin from National FCE.

SPECIAL PRIZE – Each new member and her recruiter’s name will be placed in a drawing for full registration payment for the 2009 Maryland Annual Conference. The more

members you recruit – the more chances you will have to go to the conference for free!

Thank you for taking the time to read through this article and for neatly and correctly filling out the 2009 Membership Form. Take the form and your check to your September meeting. If you will not be attending the meeting please mail them to your treasurer now. We need to have all of our Maryland FCE members accounted for by September 30! If you have any questions please contact me: Barbara Perry, Membership Chairman 410-827-6716 or barbaraperry@friend.ly.net

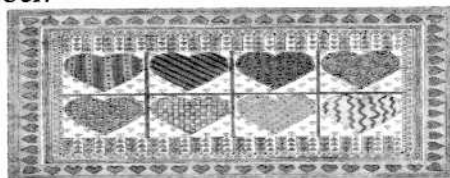
THE WINNER IS:

Jeanne Purich recruited a new member-Bonnie Keller -for the 2008 membership. Now both of them are going to the 2008 MDAFCE Annual Conference for **FREE**. That’s right free!

Just recruit a new member and your name and the new member’s name will be entered into a drawing for free registration to the 2009 conference.

COMMUNITY SERVICE AWARD The Linus Project with FCE

Montgomery County FCE created an informative and attractive display along with a report on their ongoing Linus Project for the National FCE Community Service Award. This was presented at the National Conference in Vermont in July. They have distributed over 5000 blankets in 6 years. Their project was well received and Maryland FCE was presented an Award Certificate and a coupon for a free FCE Road Sign in recognition of this community service. Be sure to review the display and the information at our Maryland Annual Conference in October.





2009 MEMBERSHIP FORM

*****Type or Print Clearly*****

*****Do Not Abbreviate City, County, or State Street Names*****

Date _____ Current Member ID # _____ E-Mail _____

First Name _____ M.I. _____ Last Name _____

Mailing Address _____

City _____ State _____ Zip Code _____

Council _____ Club Name _____

Phone No. _____

Family Membership: (Please list) Spouse Name _____

Dependent Child(ren) _____

(Circle Type of Membership)

<i>Dues</i>	<i>Individual</i>	<i>Family</i>	<i>Senior (80+ years)</i>
National	\$ 16.00	\$ 23.50	\$ 12.80
State	\$ 4.00	\$ 8.00	\$ 4.00
Council/County/Parish			
Club			
TOTAL			

Sign and send with total membership dues to Club Treasurer by September 30, 2008.

New Member (Never belonged to FCE before)

Member Signature _____
Must be original signature, copies will not be accepted

MISSION... To strengthen individuals, families, and communities through continuing education, developing leadership, and community action.

CHESAPEAKE BAY FACTS

Did you know that the Bay was once a River Valley?

Ten thousand years ago, huge glacial and polar ice melts caused the sea levels to rise, eventually submerging the ancient Susquehanna River valley and creating the present Chesapeake Bay.

Did you know that you live in a watershed?

The Chesapeake Bay watershed covers 64,000 square miles and parts of 6 states - Maryland, West Virginia, Pennsylvania, Delaware, Virginia, and New York, as well as the District of Columbia. Fifty major rivers flow into the Bay. Every time rain falls in this area, every time someone washes clothes or takes a bath, the water ends up in the Chesapeake Bay.

Did you know that the Chesapeake Bay is an estuary?

An *estuary* is a semi-enclosed coastal body of water that contains a mixture of fresh water from tributaries and salt water from the ocean. The Chesapeake Bay yields the most fish and shellfish of any estuary in the United States.

The Chesapeake Bay brought people to this area and gave them a wealth of resources for their basic needs, as well as resources to sell to people from other areas. The Bay has supported Native American Indian tribes and the European settlers who came to Maryland, Virginia and Delaware.

The Chesapeake Bay is one of the largest sources of seafood in America. In Maryland there are 4,400 miles of shoreline, including thousands of secluded inlets and bays that create safe havens for crabs and other commercial fish. It spans 195 miles from the Susquehanna River to the Atlantic Ocean and covers over 2,300 square miles in Maryland. Its shallowness helps retain warmth, and the mixture of salt and fresh water adds to its ability to support all kinds of creatures. The Bay's contribution of fish and shellfish, commercial shipping and recreational boating make it a vital part of our modern way of life.

Our ancestors who settled along the Chesapeake Bay depended heavily on its bountiful harvest, and today the quality of life for over 13 million people who live in its watershed is still shaped by its influence.