

# WHAT'S HAPPENING

Maryland Association for Family and Community Education, Inc. Newsletter

## SEPTEMBER

- All Character Counts Essay and Artwork  
Collect 2007 Dues-Membership Drive  
National Literacy Month
- 1 **All County Associations' List of Officers and Committees for 2007 should be sent to State President**
- 11 10:00 AM Executive & Education Committee Meeting Anne Arundel Extension Office
- 20 Deadline for MDFCE Conference
- 27-30 ACWW Area Meeting hosted by CWC, Fort Wayne, IN

## OCTOBER

- 2 10:00AM Executive Committee Meeting, Anne Arundel Extension Office
- 8-14 FCE Week
- 15 Rural Women Day
- 17-18 MD FCE Annual Conference, Best Western, Westminster, MD

## NOVEMBER

- 1 **LOOK WHAT'S HAPPENING** deadline for items to Editor  
**Membership Dues to Barbara Perry, Membership Chair**
- 6 10:00AM Executive Committee Meeting, Anne Arundel Extension Office

## DECEMBER

- 1 **State Dues and Membership Forms to NAFCE**
- 4 10:00 AM Executive Committee Meeting Anne Arundel Extension Office
- 31 **Counties' Annual reports due Vice President of Program; County Presidents' Reports due to President; Membership Appreciation Award due Vice President for Program**

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## MDFCE ANNUAL CONFERENCE

Don't forget to register for the Maryland FCE conference to be held at the Best Western in Westminster, MD on Oct 17<sup>th</sup> - 18<sup>th</sup>.

## Character Counts Contest for 2006

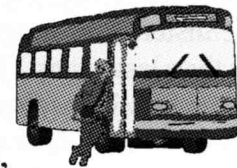
Trustworthiness, the first pillar of character, is this year's focus. Contact your schools and encourage them to participate in the FCE essay and artwork contest from September 1 to November 1, 2006. Winning entries should be sent to Judy Pugh by January 1, 2007.

## MDFCE Web Site is [www.mdafce.org](http://www.mdafce.org)

Send newsletters, calendars and information to Marie Moeller at [mariemoeller@yahoo.com](mailto:mariemoeller@yahoo.com)

## Newsletter Deadline: November 1

Send all articles, Bulletin Board items, address changes and trivia for the newsletter to: Jean Purich, 15500 Gallaudet Ave, Silver Spring, MD 20905-4196 or email at [jcpurich@cs.com](mailto:jcpurich@cs.com)



Don't miss the bus,

**FCE is on the move!**

## FROM THE PRESIDENT

### Still Green and Growing?

Greetings! I'm hoping you had a pleasant summer and were able to keep cool on some of those very hot days. After a couple of rainless weeks in August, Dave and I noticed our lawn was no longer GREEN AND GROWING. The good news of course is that the grass is only dormant and with some rain the grass will come back to life and once more be GREEN AND GROWING! People can be a little like grass--being somewhat "dormant" then coming back to life with some "rain" or nurturing. That's a very good reason to be a part of FCE--opportunities abound to keep us GREEN AND GROWING--opportunities for lifelong learning, travel and socialization--a chance to be with friends and meet new ones. How long has it been since you invited someone to visit your club or to become a member? Don't try to second-guess what their responses might be. Next time you see me just ask me what someone tried to second-guess my response would be to an opportunity that actually changed my career! An invitation might just bring that person out of "dormancy" so that she/he can be GREEN AND GROWING and not ripe and rotting! Perhaps you could pay your friend's membership fee for a year. Here is a plan for saving for you AND a friend to join Maryland FCE...let's call it the FCE plan or Fifteen Cents Everyday. Find a suitable bank or container and save 15 cents each day. You will have saved \$54.75 each year which more than covers TWO national and state membership fees and probably your local club dues as well.

Speaking of dues you will notice an increase in the national dues this year. The increase was approved at the 2006 National Annual Conference in Nashville in order to pass a balanced budget. The bottom line is that the increase only reflects LESS THAN A PENNY A DAY for the year.

Please plan to attend our Maryland FCE Annual Conference, October 17 and 18, 2006 in Westminster. Our program promises to be even better than last year's. Things to look forward to include a family medical history program with Joanne Hamilton, Extension Educator-Carroll County, a visit from Francis Scott Key, a brand new highway safety program thanks to Elaine

Crow PLUS lots of surprises including a new bracelet just for you! The business meeting, reports and awards will round out the conference. Again we will have three baskets to raffle: "Christmas," "Celebrate You," and "Apple Harvest," are the themes. Tickets will be available to our members. Also please bring or send NEW BOOKS FOR CHILDREN as part of the Family Choice-Media program, which is replacing the Tune Out Violence program. If you misplaced your conference registration form in the last newsletter one is available on our website or you can call me.

I'm looking forward to seeing you in October. Please do not hesitate to contact me with your questions, comments or concerns.

Judy Pugh, Maryland FCE President  
[fdjrpugh@aol.com](mailto:fdjrpugh@aol.com) or 410-398-4536

### Annual Conference Highlights

**Tuesday, October 17, 2006**

9:00 AM Conference opens with keynote speaker Timmi Pierce, Executive Director, Historical Society of Carroll County: "Where Have All the Flowers Gone?"

10:45AM Business Meeting

Election of Officers

Noon Lunch

12:50 PM "Charting Your Family's Medical History" Joanne Hamilton, FCS Educator, Carroll County

1:50 PM Business Meeting Reconvenes

2:15 PM "Books, The Other Channel" Naeemah Raqib, FCS Educator, Anne Arundel County

2:45 PM "Concoctions in the Kitchen" Judy Pugh

3:30 PM County President's reports

4:30 PM Craft Workshop: "FCE Bracelets" with Evelyn Ziegler, FCE President-elect

6 PM Dinner and Entertainment (A Visit from Francis Scott Key)

**Wednesday, October 18, 2006**

7 AM Breakfast

8 AM "Branded D.U.I." Highway Safety Commission

9:45 AM "Membership" Judy Pugh, Barbara Perry

10:15 AM TBA

11:00 AM TBA

Noon Lunch

1:30 PM "Fantastic Woman" Carroll County FCE

## NEWS FROM THE VICE PRESIDENT FOR PROGRAM

The FCE 70<sup>th</sup> Anniversary Celebration tuned in with “Rhythm of the Future” as the theme of the 2006 Annual Conference, Nashville, TN. Early on Friday, speaker, Madelyn Swift, reminded us of the messages we send and accountability connected with learned experiences in “Teach Your Children Well: Character Development and Integrity”.

As the conference continued, more programs emphasized children and their education with “Is The Cyberhighway Friend or Foe?” and “Family Choice-Media”. The introduction of “Coming to a Screen Near You”, “Books, The Other Channel”, instilled in children a love of reading, planning, planned routes on the Cyberhighway and the effect of video games on our children. More programs for children will be developed.

Angela Bates presented “Africa American Quilts and the Underground Railroad”, the history of how African American Women designed and used quilts on the Underground Rail Road and “African American Women and their Church Hats”, the evolution of hairstyles and the special church hats were included.

“Pearls and More Pearls”, Bob Keast took us into the fresh water pearl saga by film at his “garden” of implanted mussels from the pristine waters of the Tennessee River.

One and one half hours FCL training in Teaching Techniques was awarded to attendees of “And the Winner Is” to learn what judges are looking for in a winning Program Award Book and what makes a winning Spirit of FCL entry.

Lastly, Kari Berit Gustafson brought us two related programs, “Embracing Your Aging Self” and “Mental Fitness: Creating a Health Club for Your Mind”. Kari soothed our anxious minds, and explained the best health club you can belong to, which she addresses with humor, intelligence and insight – and without condescension. Her advice in managing stress is to keep physically and mentally fit, to entice loved ones to get out of his/her ruts, and to live life fully engaged.

Rusty Gardiner, Vice-Pres. For Programs  
[bmgardiner@olg.com](mailto:bmgardiner@olg.com) or 301-475-3270

## PUBLIC POLICY NOTES

### Highlights of Federal Level Legislation

**Interstate Abortion Bill Clears Senate.**  
The Senate voted to make it a crime to take a pregnant minor to another state to obtain an abortion without her parents’ knowledge. The senate vote was a victory for antiabortion activists who have tried in vain to overturn the 1973 Roe v. Wade decision that legalized abortion nationwide.

### Gas Treatment of Meat

A bitter regulatory battle over the safety of a packaging system that can keep meat looking fresh long past it’s shelf life is escalating. At issue is the growing practice of spiking sealed packages of meat with small doses of carbon monoxide. The gas is harmless at the concentrations being used, but it can keep the meat looking bright red even as it spoils.

### GOP Bid on Wages, Estate Tax is Blocked

Senate Democrats blocked a Republican bid to combine a tax cut for the wealthy with a wage increase for the working poor, adding a volatile economic issue to this fall’s congressional campaigns.

### Immigration Debated

Republican leaders in the US House of Representatives are planning to hold an additional 19 hearings on immigration in 12 states across the country to garner support for strict border controls they say will help stop illegal immigration. House Speaker Dennis Hastert (R-IL) and Majority Leader John Boehner (R-OH) are both sponsors of the hearings, which they hope will address concerns with the legislation passed by the US Senate that differs considerably from the bill approved by the House.

The Senate bill S 2611 allows some illegal immigrants to earn US citizenship, while the House version HR 4437 calls illegal immigration a felony and proposes stricter border security. The representatives are optimistic that negotiations with the Senate can begin soon in order to present a unified bill to President Bush before the November congressional elections.

Marie Moeller, Vice-Pres. For Public Policy  
[mariemoeller@yahoo.com](mailto:mariemoeller@yahoo.com) or 301-292-2365

# IN AND AROUND MARYLAND

## ALLEGANY COUNTY

The Allegany County Fall Luncheon will be at Penn Alps Restaurant on Wednesday, October 25, 2006. The business meeting will begin at 10 am, from 11 am to noon there will be an auction, at noon everyone will order lunch from the menu. At 1 PM. the luncheon is over and everyone can tour the buildings and craft shop.

Please RSVP by Wednesday, October 4, 2006. We have to have a head count. My address is:

Connie Yates  
19219 National Hwy. NW  
Frostburg, MD 21532  
[cyates@hereintown.net](mailto:cyates@hereintown.net)

**Directions:** Located just east of Grantsville, Maryland on Alt. 40 (The Old National Pike). If traveling west on I-68, use exit 22, turn right, at stop light turn left, continuing west on US 40 about two miles. Penn Alps is on the right side of the road and has a large parking lot. There is a small state park next to Penn Alps with a nice shaded picnic area. If you enter Grantsville, you have gone too far. If traveling east on I-68, use Exit 19, turn left, then right in Grantsville on US 40 continue east about one mile.

### **Information about Penn Alps**

Penn Alps Restaurant and Craft Shop are housed in the last log hospitality house on the National Pike still serving the traveler. It is situated between a 1797 gristmill and a historic stone arch bridge (the longest single span of stone in America when built in 1813). Three of its six dining rooms were once part of the log stagecoach stop, Little Crossings Inn.

Spruce Forest Artisan Village, a part of the extended Penn Alps campus, has grown from a few cabins to some 12 log and frame structures of early vintage, two of which date to the Revolutionary War Period. Most of these provide studio space for artisans. Artisans work in various media, including: bird carving, basket making, handloom weaving, and hand-thrown pottery.

Also produced in the village are stained glass art, hand-forged iron, hand-crafted teddy bears, and hand-crafted natural soaps.

Penn Alps website is [www.pennalps.com](http://www.pennalps.com).

## CARROLL COUNTY

Following the August countywide meeting, members and friends enjoyed a picnic and ice cream social.

School supplies and books were collected and donated to Shepherd's Staff for the Back-to-School program.

Members are gearing up and getting in the mood to host the Maryland FCE Conference. We hope that you have sent in your registration form. All registrations are due by September 20. We are looking forward to seeing you at the Best Western, Westminster, on October 17 and 18.

## FREDRICK COUNTY

Fredrick County FCE members continue to support the Head start program in Frederick County by providing both books and money for this project. Members also continue to make baby caps for the local hospital, lap robes for the nursing home and the Lewistown FCE Club continues to provide Bingo prizes and refreshments for the August Bingo at the Homewood Retirement Home in Frederick.

## MONTGOMERY COUNTY

Montgomery County has gone to the FAIR with 4 booths featuring The Linus Project, The "Eyes" Have It!, Water Conservation, and A Twist on Ribbon. We received 4 first place ribbons. We are hoping to increase not only our Linus Project participation but also our FCE membership.

Four members attended the National FCE meeting in Nashville. Ed and Jeanne Purich were part of the On-Site committee and were kept very busy.

## PRINCE GEORGE'S COUNTY

Six FCE members attended the National FCE Conference in Nashville, Tenn. Two were first time attendees. All day City tours of the sights, historic landmarks, Grand Old Opry, meeting the National FCE Board, FCE Programs, Guest Speakers, Silent Auction and Comradship were enjoyed by all who went.

Ten county FCE members attended a summer Pot Luck and won prizes playing Bingo. Rita Bastek is recovering from recent surgery.



## Don't Forget Maryland FCE Annual Conference

It is not too late to register for the conference and we hope to see you there. Make your check to – **Maryland FCE**. Mail your check and form (in the last newsletter or on the web): Mail your check and form to:  
Helen Totura 410-848-6517  
1323 Bachmans Valley Road  
Westminster, MD 21158-3105

If you are staying Monday night (10/16), the hotel stay will cost \$73.50 (includes tax etc.) per room for single/double or \$79.80 (includes tax) per room for triple/quad. You **MUST** make your own hotel reservations for Monday, October 16. Mention the fact that you are attending the MDAFCE Conference on Tuesday, October 17<sup>th</sup> – 18<sup>th</sup>, 2006. The deadline for the extra room reservation is October 1, 2006.

**Contact:** Best Western Catering & Conference Center, 451 WMC Drive, 140 West, Westminster, MD 21158.  
Phone – 410-857-1900 Fax – 410-857-9584

### Directions:

Directions to Westminster Conference Center  
451 WMC Drive, Route 140 West, Westminster,  
MD 21158. 410-857-1900

Directions for Route 32 (you can get 32 from either I 95 or Route 29) - Follow Route 32 to Route 26. Left on #26 (West) to #97. Turn right on 97 to 140W at Westminster, Left on 140W to Best Western.

From Baltimore Beltway (695). Turn on Exit 19 to 795 to Route 140 West to the Best Western.

From Route 97 – Turn left onto Route 140 West to Best Western.

From Frederick via Taneytown. - Turn right onto Route 140 East to the Best Western.

## Bulletin Board

Meet **NAEEMAH RAQIB**, CES agent from Anne Arundel County

Naeemah Raqib hails from Washington, D.C. and currently resides in Capitol Heights, MD. She graduated with a BS in Family & Consumer Sciences from Virginia State University; a MTA (Masters of Tourism Administration) in Sports Management from George Washington University. She has worked in various arenas: Hospitality, Education, Community and Senior Services. Before coming to Cooperative Extension she taught Family and Consumer Sciences to Middle Schoolers in PG County. Ms. Raqib lives by the motto "helping others, helps you".

(We're very happy you're here, Naeemah.)

Margaret Grzeszkiewicz, a 53-year member of the Olney-Sunshine Club in Montgomery County passed away on August 23, 2006.

### Family Conversation Starters



Strong families are based on good communication. These starters can help to begin a discussion and are much more effective than asking, "how was your day?" The idea is to increase communication while getting to know each other better and sharing family values at the same time.

Name three things you like about fall.

What is your favorite food on the grill?

What does Veterans Day mean to you?

Neighbors are special, what is something special about your neighbor?

Name a vegetable that grows underground.

What is your most memorable birthday?

What kind of face do you like on your

Halloween pumpkin?

Source: The Ohio State University Extension

# CWC Annual Meeting

September 28-30, 2006

# Do Not Delay – Pay Today!

September is back to scheduled activities and it is time for us to pay our FCE dues for 2007. All dues must be paid to club treasurers in September and forwarded to the county treasurers by October.

Every member is required to fill out a 2007 Membership Form, which is printed in this newsletter. Please tear it out and using black ink type or clearly print the information requested at the top of the page. Do not use abbreviations. Enter your 9 digit zip code. Your “Current Member I.D. #” is printed on your FCE membership card. If you are unable to locate the number, leave the space blank and I will fill it in from my records.

Fill in the appropriate dues. The Maryland dues are \$3.00 for individuals and seniors and \$6.00 for family memberships. The amount of dues for each county varies.

The last item – the Member Signature at the bottom of the page must be the signature of the individual named at the top of the page.

### New Members

Note the box above the Member Signature line. Individuals who have never been affiliated with FCE should check this. At the bottom of the page add “recruited by” and give the name and address of the member who introduced the new member to FCE. The member will receive a gold star pin from National FCE.

**SPECIAL PRIZE** – Each new member and her recruiter’s name will be placed in a drawing for full registration payment for the 2007 Maryland Annual Conference. The more members you recruit – the more chances you will have to go to the conference for free!

Thank you for taking the time to read through this article and for neatly and correctly filling out the 2007 Membership Form. Take the form and your check to your September meeting. If you will not be attending the meeting please mail them to your treasurer now. She will be so happy and YOU will have helped to make her day! We need to have all of our Maryland FCE members accounted for by September 30! If you have any questions please contact me: Barbara Perry, Membership Chairman 410-827-6716 or [barbaraperry@friend.ly.net](mailto:barbaraperry@friend.ly.net)

Dato Ursula Goh, ACWW World President, will be featured throughout the meeting sharing her vast ACWW experiences and expertise. She will be speaking on several topics including the keynote address “We Share a Dream”, “Resolution Presentation and Protocol”, “She Couldn’t Get off the Train” and updating ACWW projects. Dame Goh lives in Miri, Sarawak, Malaysia and is the mother of 3 daughters and grandmother of 4.

Karen Teliha will present “CLEAN Community Challenge”. She is the Pollution Prevention Branch Chief for the Indiana Department of Environmental Management. CLEAN is an acronym of Comprehensive Local Environmental Action Network, which is a business and individual driven initiative to preserve and protect local environment. This program helps small business comply with environmental regulations and promotes pollution prevention opportunities.

A visual presentation entitled “Ties with Thais” about agricultural, challenges and religion in Thailand will be presented by Helen Norris from the Kansas Farm Bureau

Other workshops will include “The Conference (ACWW) Experience”, “Beginner’s Guide to Grant Writing” and “Fall & Winter Gardening”.

## THE WINNER IS:

Jean Weinel recruited a new member-Sandra Wright-for the 2006 membership. Now both of them are going to the 2006 MDAFCE Annual Conference for **FREE**. That’s right free.

Just recruit a new member and your name and the new member’s name will be entered into a drawing for free registration to the 2007 conference!