

WHAT'S HAPPENING

Maryland Association for Family and Community Education, Inc. Newsletter

JUNE

- All Nominees for State Officers, Group II
- 4 10:00AM Executive Committee Meeting, Carroll County Extension Office
- 14 Flag Day



JULY

- 4 Happy Birthday America
- 19 National FCE Presidents' Day
- 20-22 NAFCE Annual Conference, Erlanger, Kentucky

AUGUST

- 1 **LOOK WHAT'S HAPPENING** deadline for items to Editor
- 6 10:00 AM Executive, Education & Finance Committee Meeting, Prince George's County Extension Office

SEPTEMBER

- All Character Counts Essay and Artwork Contest starts
Collect 2013 Dues-Membership Drive
National Literacy Month
- 1 **All County Associations' List of Officers and Committees for 2013 due to State President**
- 10 10:00 AM Executive & Education Committee Meeting, Anne Arundel Extension Office



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Character Counts!sm Contest for 2011

Congratulations to Leah Benner (Carroll County) on winning the Maryland FCE Character Counts Essay & Artwork Contest on Citizenship. She received a \$100 savings bond from MDAFCE. Her contest entry was sent to National FCE for competition with other State winners.

MDAFCE Web Site is www.mdafce.org

Continue to send information and calendar updates for your web page. Send newsletters, calendars and information to Libby Wade at dunade@aol.com.

Newsletter Deadline: August 1

Send all articles, Bulletin Board items, recipes, address changes and trivia for the newsletter to: Jean Purich, 15500 Gallaudet Ave, Silver Spring, MD 20905-4196. Please email me at jcpurich@cs.com with your information.

FROM THE PRESIDENT FCE - IT'S MAGIC!



The magic of FCE is on the road again. Now that the weather has turned milder the MDAFCE Board, which often meets in Anne Arundel County, is visiting the various other member counties. In May, we had our meeting in Frederick County and enjoyed a delicious luncheon provided by the Frederick FCE. Carroll County will be our host in June, Prince George's County in August, and Montgomery County in November. These different locations are inspirational and magical. When we are in the Northern counties, it allows Allegany County also to join us.

Abracadabra! The magic continues. Volunteers have come forward. Thank you to Ann Fishell for helping with the Education Committee and Marie Moeller for filling in on the Marketing and Public Relations Committee. Is there anyone else who would like to help?

Our support of ACWW Walk Across the World was enthusiastic and rewarding. Each county planned short walks and collected donations. We started small this year but I hope we will grow in the future. The exercise was great and should be continued. It felt magical to be part of a world effort.

An exciting opportunity is coming up for MDAFCE Board. Judy Fullmer, our National FCE President, is coming to Thurmont, Maryland for the wedding of a relative. She contacted us wanting to meet the MDAFCE Board in her free time. Abracadabra, we organized a luncheon with her at the Cozy Restaurant in Thurmont and invited Delaware, Virginia, and West Virginia FCE's to send representatives. I hope that it will be a magical time getting acquainted and sharing ideas.

If you have any thoughts, ideas, or magic to share with me or the board, please come to our meetings, email or call me. I look forward to knowing you better and sharing the magic of FCE.

Martha C. Moser, President
mcatmoser@aol.com
301-371-6132

NEWS FROM THE VICE PRESIDENT FOR PROGRAM

Our annual Maryland FCE program report for 2011 has been completed and mailed to National FCE. It was very encouraging to combine all the county reports and realize how many excellent programs were presented across the state. **KEEP UP THE GOOD WORK!**

“Summer days are here once more,
We see them by the stream,
Where Nature's ferns and mosses grow,
Where one can sit and dream.
They're written in the birdsong sweet,
The humming of the bees,
The fragrance of the garden flowers,
The lowly, little weeds.
We treasure all these summer days,
Each has a certain flair
For bringing joy to everyone,
No matter who or where. “

(Excerpted from the poem “Treasured Summer Days”
by Loise Pinkerton Fritz)

As you enjoy your summer, remember the ideas presented in our popular program “BEING GREEN” and do your part to keep the environment clean. Drive smarter to save money and reduce car emissions. Recycle your cans, glass, and plastic containers. Bring your own canvas bags to the supermarket.

If we all do our share and encourage others, we can continue to treasure these beautiful summer days.

Evelyn M. Ziegler Co-Vice President for Program
zieglers@comcast.net
410-465-3587

PUBLIC POLICY NOTES

The Maryland Assembly finished their session recently, although they are being called back to complete work on budget matters. 791 bills have been passed during this session with 96 passed during the last week.

Some of the bills include:

1. The “Flush” tax - The cost of sewage will double from \$30 per month to \$60 starting in July. This tax is

being used to fund sewage treatment upgrades and Chesapeake Bay restoration activities.

2. Counties will have to adopt a “Tiered” system to limit housing developments served by septic systems especially in areas dominated by farmland and forestland.
3. One hundred years late, Maryland will ratify the 17th amendment to the United States Constitution that established the popular election of US senators.
4. The Maryland constitution will be amended to force public officials to immediately resign from office when they plead guilty or are convicted of a felony or certain misdemeanors related to their public duties.
5. Children will have to stay in school through age 16 starting in 2015-2016 school year. Presently the age is fifteen. In the 2017-2018 school year, the age will increase to 17 - meaning students could not drop out until turning 18.
6. The estate tax will be reduced for people who inherit family farms as long as they use it for farming purposes.
7. Fees will be reduced for possession of small amounts of marijuana. A person convicted of less than 10 grams of marijuana will face a maximum jail term of 90 days and/or a maximum fine of \$500.
8. The list of cancers that firefighters and rescue squad are presumed to have suffered in the line of duty will now include multiple myeloma, non-Hodgkin’s lymphoma, brain cancer, testicular cancer and breast cancer.
9. Legislation was passed to automatically relieve child support payments while the parent is incarcerated.

Marilyn Simonds, VP for Public Policy
mjsimonds@verizon.net
301-871-1609

Bulletin Board

A long-time member of Carroll County Homemakers/ FCE, Kathryn Frock has passed away on April 26. She was 94 years old. She served many roles of leadership on both county and state levels. Kathryn attended State and National Conferences and often remarked about her happy memories and good

times. She was also active in 4-H activities and served as a judge at several fairs in the Maryland.

Kenner Ashby died at age 85 in early March at her daughter's home in California.

National FCE in Erlanger, KY

Join in the fun at the National FCE Conference in Erlanger, Kentucky, July, 19-23, 2012! Come to Northern Kentucky, “the southern side of Cincinnati” and enjoy “coming together, working together, and building together”! There will be great classes, dynamic speakers, and time to renew old acquaintances and make new friends as you attend and participate in annual conference.



If you have not registered for the NAFCE Conference at the (Cincinnati) Holiday Inn in Erlanger, Kentucky on July 19 – 22, it is not too late. The late fee will be waived until the Minimal amount of registrations is reached. You’ll have fun, see some very interesting things and maybe even learn a thing or two. We are pleased to announce that the cost this year has been lowered to \$125 per day or \$345 for the full conference. Normally the cost is over \$500 for the conference. Most meals are included in the registration fee. There will be a lot of great educational material and programs presented at the National Conference and this Conference will also include FCL Leadership training sessions for free!

NAFCE National Conference EVENTS Include

Thursday:

Opening ceremony, evening presentation of presidents and Meet the Board Reception.

Friday:

Business meeting, Program Award Luncheon, FCL sessions & workshops, and FCE Night dinner

Saturday:

Workshop sessions, Spirit of FCE Luncheon, and FCL Benefit Dinner (Extra Cost)

Sunday:

Inspirational session, luncheon and closing ceremonies,

Additional educational programs and some fun programs will also be presented! Complete registration material is located in your FCE TODAY or on the web (www.nafce.org).

IN AND AROUND MARYLAND

ANNE ARUNDEL COUNTY

Anne Arundel Lauds Extension Youth

The Anne Arundel ladies are busy as usual, but more on that later. First a good word on our youth. Saturday, April 28th was the State Public Speaking contest for the 4-H youth who had won at their county level. It was held at the University of Maryland, College Park and attended by participants from throughout the state. It is important to take notice of the good kids who are among us and talk about what they are doing. I served as a judge for the intermediate age group and was so pleased to listen to these young people who bravely try to hide their fears of speaking and risk of making some sort of blunder, but step up and do a very good job.

The subjects of the talks varied from the lighthearted "What I Did Last Summer," to "The Benefits of Playing a Team Sport." Then included were heartfelt talks on family, one speaker stressing the importance of family and another giving an inspirational talk on the love she had for a Down's syndrome brother and what that brother had taught her. Not to go without mention were those who spoke on the education, skills, experiences, and team work that has been a large part of their 4-H experiences. Also, not to be left out was the young fellow who spoke very seriously about what he would do if he were President. There were a large number of speakers, and those of us who were judges came through the experience very uplifted about our young people, and we even learned a thing or two, as well.

When our children are grown and maybe even grandchildren grown (as most of mine are) we feel we are removed from the young, or that we have done our part. But yet there is a need for us very grown up folks to volunteer to help with the 4-H programs or with judging the various contests. Anyone familiar with 4-H can tell you that the programs have kept up with the times. It's not just about farming, but well into the modern age with a variety of activities that fit almost any interest, and many that benefit the community and beyond, such as the environmental education that sensibly approaches the health of the bay and its inhabitants. Please if you would like to help, you may contact your local Extension office and ask to speak with the 4-H educator. They would welcome your call.

Now for a few words about our county doings. The Anne Arundel FCE donated \$290.00 to the ACWW and took our walk on the 29th of April in our local Down's Park. We have started a new venture of donating manufacturers' coupons for the military overseas, which they can use when shopping on base even if outdated by no more than six months.

The Harmans Homemakers FCE is celebrating its 50th birthday this year and is making plans for several events to mark that special half-century milestone.

Judith Ammenheuser

CARROLL COUNTY

Unusually warm weather greeted us for our March 19 meeting. The Carroll County Health Department sent us Maggie Kunz, Program Coordinator and Anne Messina, Head of Adult Evaluation and Review Services. They gave us an overview of the many services that the Health Department provides. They gave us numerous brochures to take home. Our group donated 7 summer adult sleepwear items and 13 pairs of summer slipper socks to the Domestic Violence Shelter. There were 3 children's books for Dads' Works, 9 magazines and 50 newborn baby caps made by Helen Totura to go to the hospital.

Several of our members signed up to participate in the World Wide Walk for ACWW April 29 at the Town Mall of Westminster. They carried signs to advertise FCE.

On May 3rd we celebrated 90 years of Carroll County Homemakers/FCE. The program was Myra Reichart in 1860's costume, "We Believed They Would Never Come" a Gettysburg resident's observations of the gathering signs of the battle to come. Piano music was played by Linda Hylan.

Our State Executive Board will be meeting in Westminster on June 4th at the Extension Office followed by lunch at Maggie's Restaurant. We look forward to hosting you. Come spend the day with us even if you are not on the board. Our Farm Museum will be open as well as other sites. We'll have tourism brochures ready for you.

Remember to register for our State Region 1 Meeting on October 17 in Westminster by October 1. Plan to stay a few days and visit our community. Best Western Hotel and the Alice Inn Bed and

Breakfast in New Windsor are great places to stay. Gettysburg is close by and keep in mind - there is no tax on clothing in Pennsylvania!

Barbara Greaves, Vice President for Program

FREDERICK COUNTY

On April 18, the Frederick County FCE and Homemakers held their annual Spring meeting. The theme of "Made in America" was highlighted by great centerpieces and clothing worn by our members. County Clubs had worked hard on their Scrapbooks to highlight their efforts during the past year. A wonderful presentation, "Made in America", was given by Jeanne Purich. She stressed the importance of reading labels for information on where the materials were made as well as where the product was assembled. A beautiful quilt was raffled.

The Frederick County FCE members and Homemakers Board of Directors supported the Associated Country Women of the World with ACWW Day on April 29, with "Women Walk the World for ACWW." All FCE and Homemaker Clubs currently collect Pennies for Friendship to support ACWW, which helps bring a better life to women, through clean water projects and agricultural development projects in 70 countries. The FCE members and Homemakers met at the Bandshell in Baker Park to walk in support of ACWW.

Libby Wade

MONTGOMERY COUNTY

Forty-four (44) FCE members and guests attended our Spring Luncheon entitled "Tea and Conversation". Attendees enjoyed a delicious Lunch and treats. Both our Montgomery College scholarships recipients were able to attend.

We are still sending boxes of love and goodies to the Troops. Here is a list of Snacks and Other Items That We Can Use for Treat the Troops:

Powdered Drinks, Microwave Popcorn
Beef Jerky, Slim Jims
Dried Fruit Snacks
Hard Wrapped Candy and non chocolate throughout the year, (chocolate from October to May only)
Cheese and Peanut Butter Crackers
Individual Packages of Nuts

Individual Packages of Trail Mix
Blank Note Cards
Upper Room Devotionals
Comics, crossword and Sudoku puzzles
(NO DOONESBURY PLEASE)

LOTS AND LOTS OF CARDS AND LETTERS OF GRATITUDE AND ENCOURAGEMENT FOR OUR TROOPS.

Next to our boxes of goodies, these written notes from home give our troops a much needed lift. Other than orders to return home, this is the support they need most. Check with your local schools and Church Sunday School classes to see if the children and staff would take a few minutes to write notes. Put out blank cards at work or book club.

As always **MONETARY DONATIONS** are needed to help offset high postage costs and supplies for the 40+ boxes we ship each month to our troops in Iraq and Afghanistan. The postage costs alone are running over \$550.00 per month. For more information contact Maddi Klein 301-774-8088 or maddik@comcast.net. Thank you!

PRINCE GEORGE'S COUNTY

This year has begun at a fast clip with the planning for the Regional Conference to be held on October 25, 2012, at the Knights of Columbus Council Home, at 10142 Cherry Hill Road, College Park, MD, phone: 301-345-4076. The conference will begin with a continental breakfast (coffee/tea/juice/muffins/bagels/Danish/cream cheese), new FCL lessons, and lunch). After lunch will be another exciting speaker. MDAFCE and our county will have craft tables available for your enjoyment. The cost per person is \$ 20.00; time will be from 9:00-3:00 pm. See page 6 for address to send registration. **COME, ENJOY AND BRING A FRIEND!**

The rest of our time has been consumed with the ACWW WOMEN WALK THE WORLD CAMPAIGN. Our group met April 18th to make our tee-shirts and on May 1st we walked (those who could) at a local shopping center with the rest cheering us on afterward at lunch. We had fun, raised some money, and promoted women's causes all at the same time!

The next item of interest will be our annual Spring Luncheon at The Royal Tea Room in La Plata, MD on June 5, 2012 from 11:00 - 3:00 pm. The

menu is on FACEBOOK now and we invite anyone interested in attending to come. I will need to know ahead of time (by May 28th) who is coming and if they are getting their order from the lunch menu (needs no reservation) or the High Tea menu (needs to be reserved ahead of time to plan for the set up). Please call Debra Rausch, 301-498-8806, if you are coming.

In county news, three of our county members from past years have passed away: an original member from Brandywine Triangle FCE, Betty Connor, 91, and Joyce Denny from Brandywine Triangle in April. Phyllis Ann Janus, a former member of Montpelier Homemakers Club, left us April 20, 2012. Keep their families in your prayers.

We look forward to the coming SUMMER and hosting the State Board in August. 'TILL NEXT TIME, CIAO. Debra Rausch

NOMINATING COMMITTEE

The following is the slate of candidates for Group II whom will be elected at our regional meeting in the fall.

For Vice-President for Public Policy
Marilyn Simonds

For Treasurer
Louise Ediger

Both candidates are currently serving in their prospective positions and have done an excellent job. Nominations are open to all members. To nominate someone, please refer to page 4F of your Standing Rules or contact the Nominating chair Glenna Burgess (301) 385-1001.

SAFETY

Seat Belt Laws

Maryland law requires every driver and front seat passenger next to a door to wear a seat belt, regardless of their age, and everyone younger than 16 must wear a seat belt, regardless of where they sitting in a vehicle. State law also requires children to use booster seats until they reach the age of 8, a weight of 65 pounds or a height of 4 feet, 9 inches, whichever occurs first. In addition, children under the age of 16 may not ride in an unenclosed bed of a pickup truck.



REGIONAL MEETINGS

Make you plans now to attend one (or both) of the Regional Meetings.

Reservations are due by October 1.

Regional I Meeting - October 17, 2012

Registration starts at 9 AM, meeting at 9:30

Elks Club Lodge

538 Gorsuch Road

Westminster, MD (Carroll County Hosts)

Send your check made out to Carroll County FCE for \$20.00 to: Elizabeth Heagy (410-857-3388)

225 Glenbrook Drive

Westminster MD 21157

Lunch will include Chicken Cordon Bleu, salad, potato, green beans, rolls and dessert.

Besides FCE programs in the morning, the afternoon speaker will be Melinda Peters, the first female Director of Maryland State Highways.

Regional II Meeting - October 25, 2012

Registration starts at 9 AM, meeting at 9:30

Knight of Columbus Council Home,

10142 Cherry Hill Road

College Park, Maryland (PG County Hosts)

Send your check made out to PGCAFCE for \$20.00 to: Debra Rausch (301-498-8806)

9111 Contee RD Apt 101

Laurel, MD 20708-2112

Lunch will include sandwiches - assorted rolls, cold cuts, chicken salad, coleslaw, potato salad, soup, and dessert with a coffee/tea/soda station.

HOW TO MAKE EVERY WEEK POISON PREVENTION WEEK

In 1961, Congress enacted National Poison Prevention Week to be celebrated the third week of every March. However, we believe poisonings can be prevented 24/7, 365 days a year. Shockingly, 90% of all poisonings occur in the home, which is the one environment you would think people had the most control over. A poisoning is when someone swallows, breathes, touches or is splashed in the eye with a substance that can cause sickness or death. Yet not all of these substances are in and of themselves poisonous. An adult may take an aspirin to ease some pain, but when a two-year-old ingests a handful of

pills thinking they are candy, it can result in much more than a headache.

Here are some poison-prevention tips:

- Keep all cleaning products out of sight and reach of children; install childproof safety latches on cabinets.
- Store food and household cleaning products in separate areas.
- Keep products in their original, labeled containers, and read those labels prior to use.
- If the phone or doorbell rings when you're in the middle of using a product, close the bottle or box. Many incidents happen when adults are distracted.
- Wash hands thoroughly after using a product, and, likewise, wash any utensils that may have been used to measure or dispense a product.
- Turn on fans or open windows when using household and chemical products for proper ventilation.
- NEVER combine cleaning agents with ammonia. Some chemical mixtures can create deadly fumes.
- Do not use empty cleaning-product containers to store food, and, likewise, never use cups or baby bottles to store detergents or cleansers.

In case of an accidental poisoning or emergency, call the number listed on the product label or call the U.S. Poison Control Center's toll-free hotline at 800-222-1222.

Learn more about the National Poison Prevention Week Council at www.poisonprevention.org.

ACWW Triennial Conference

WOW !!!! Check this out www.acwwindia2013.com. The triennial host society, Daughters of Mary Immaculate (DMI) have developed a new website for the 27th Triennial Conference in Chennai, India. Just a few clicks away and you will discover some exciting information.

Check out the drop downs beneath 'Indian Hospitality'. There is a lot of information on cultural heritage, food etc. The icon 'accommodate' has photos and descriptions of the Venue along with a list of tour companies, and their individual websites for that before or after conference adventure. If you would like to know more about Chennai for a presentation to your club, unit, and society members or just to educate yourself, click on the Photo Gallery.

Scroll down to view photos and descriptions of several especially interesting places. There is an icon titled 'competition', you may notice that it has a sign that says "under construction"; this particular area is for our triennial special competition. In the past we have highlighted spectacle cases, quilt squares etc. This triennial the challenge will be partnered with a resolution that was voted on and passed at the last conference.

All the information will be posted once the requirements are finalized. This website is linked to ACWW www.acww.org.uk. Keep adding to that special fund so you do not miss this exciting and educational conference.

ACWW World President's Message



Women Walk the World

ACWW would like to say a huge thank you to all of our members who joined together on ACWW Day, 29th April – to walk in solidarity and support of our rural women worldwide. We have united to raise funds for poverty and sickness relief as well as the advancement of education, for many developing countries. We have walked in Australia and Africa, Asia and the Americas and all parts in between.

By coming together in this way, we have shown how as a united group we can make a difference to our local neighborhoods, to our communities, to our countries and to the world.

Let's continue to work together in pursuit of a better life for women and children – in all walks of life.

Please don't forget to send ACWW your photos and articles for our "Women Walk the World" Competition.
<http://bit.ly/J4KnNO>

May Kidd, World President

Baked Pork Chops and Apples

Prep Time: 30 minutes

Total Time: 1 hrs 30 minutes

Servings: 6

Pork chops and apples are great together and so was this pork chop bake. Served buttered brown rice, broccoli, rolls and enjoyed!

Ingredients

6 boneless pork chops

1 1/2 teaspoons salt

1 1/2 teaspoons crumbled dried sage

1 tablespoon vegetable oil

3 granny smith apples (or other tart variety, sliced 1/4 inch thick)

3 tablespoons maple syrup

3 tablespoons all-purpose flour

2 cups chicken broth

1 tablespoon vinegar

1/3 cup golden raisins

Directions

1. Using salt and sage, season pork chops evenly on both sides. In a large skillet over a medium flame, heat the vegetable oil and brown pork chops on both sides. Transfer chops to a shallow baking dish and save pan drippings.
2. Peel, core, and slice apples layering them over pork chops. Drizzle the maple syrup over the apples slices.
3. Sprinkle flour over the pan drippings that were saved and cook until brown, stirring occasionally. Add chicken broth and stir constantly until mixture is smooth. Bring to a boil, stir in vinegar, 1/2 teaspoon salt, and raisins. Pour mixture over the pork chops and apples, cover pan with aluminum foil, and bake at 350 degrees for 50 to 60 minutes.

Maryland Family & Community Education, Inc

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