

WHAT'S HAPPENING

Maryland Association for Family and Community Education, Inc. Newsletter

JUNE

- All Nominees for State Officers, Group I
- 6 10:00AM Executive Committee Meeting, Carroll County Extension Office
- 14 Flag Day



JULY

- 4 Happy Birthday America
- 13 National FCL Leadership Day
- 15-17 NAFCE Annual Conference, Denver, CO

AUGUST

- 1 **LOOK WHAT'S HAPPENING** deadline for items to Editor
- 1 10:00 AM Executive, Education & Finance Committee Meeting, Prince George's County Extension Office



SEPTEMBER

- All Character Counts Essay and Artwork Contest starts
Collect 2012 Dues-Membership Drive
National Literacy Month
- 6 **All County Associations' List of Officers and Committees for 2012 should be sent to State President**
- 12 10:00 AM Executive & Education Committee Meeting, Anne Arundel Extension Office

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Character Counts Contest for 2010

Congratulations to **Anna Lienhard** (Carroll County) on winning the Maryland FCE Character Counts Essay & Artwork Contest. She received a \$100 savings bond from MDAFCE. Her contest entry was sent to National FCE for competing with other State winners.

MDAFCE Web Site is www.mdafce.org

Continue to send information and calendar updates for your web page. Send newsletters, calendars and information to Libby Wade at dunade@aol.com.

Newsletter Deadline: August 1

Send all articles, Bulletin Board items, recipes, address changes and trivia for the newsletter to: Jean Purich, 15500 Gallaudet Ave, Silver Spring, MD 20905-4196. Please email me at jcpurich@cs.com with your information.

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."

"If you don't like something, change it. If you can't change it, change your attitude. Don't complain."

Maya Angelou

FROM THE PRESIDENT FCE - IT'S MAGIC!



Change sometimes creates magic and there have been some changes to the state FCE Board. I have completed the 2011 membership campaign and made all the membership responsibilities disappear from my desk and appear on the desk of Connie Yates, the Membership Chairman. You will soon be hearing from her about membership for 2012.

The magic continues with new volunteers joining us. Welcome to Barbara Bowen (Prince George's County) who has agreed to serve on the Board taking a position on the Education Committee and being our new Sunshine delegate. She is doing a great job. Barbara Shipley, Nancy McAllister, Linda Payne, Joan Antonio, and Elizabeth Heagy are planning to take turns representing Carroll County at the Board meetings. A big welcome to them. We appreciate their insight and the magic they will bring to our various programs.

MDAFCE has given out 3 awards this year. Congratulations to Maddi Klein (Montgomery County) for being selected to represent Maryland FCE for the Heart of FCE Award at the National Conference. Congratulations to Prince George's County for being chosen to submit their Community Service Project, "Being a Good Neighbor thru FCE" for the National Award, and congratulations to Anna Lienhard (Carroll County) for winning the Maryland FCE Character Counts Essay & Artwork Contest. May the magic continue for them at the National Conference.

The National FCE Conference is coming up soon on July 15 - 17 in Denver, Colorado. Several of our board members are planning to attend. Hopefully some other MDAFCE members will also attend. Information about the conference is in the February "FCE Today". Those who attend will share some of their experiences with us at our MDAFCE conference in the fall.

The Board is in the process of planning for the MDAFCE Conference on October 20 and 21 in Frederick County. Many interesting things will be planned - a little learning, a little fun, good food, some business, and great entertainment. It should be magical. Registration is on page 8 of this newsletter.

The Maryland FCE Board hopes to enjoy the magic of change by visiting several counties in the

coming months looking for inspiration at their regular Board meetings. We visited Frederick County on May 2 and will meet in Carroll County on June 6 and in Prince George's County on August 1. Everyone is welcome at any of these meetings. Just bring your magic!

Martha C. Moser, President
mcatmoser@aol.com
301-371-6132

NEWS FROM THE VICE PRESIDENT FOR PROGRAM

Your FCE Board is busy planning programs for our statewide meeting in October, 2011 in Frederick County.

We want to include a Family and Community Leadership (FCL) training program. The purpose of FCL is to help FCE members gain leadership skills and knowledge in how to work in the public arena. The FCL program consists of six categories; Leadership - Group Process - Teaching Techniques - Issue Analysis - Volunteering and Mentoring - Public Policy. The 30 hours of training must consist of 3 hours in each of the above categories. The remaining 12 hours are flexible but must also be in the above topics. We need to know which areas our members need to complete so that we are able to properly plan our program.

So---get out your certificates, see what you need and get this information to me as soon as you can. Hopefully we can help you work toward your certification.

You may contact me or any member of the Board by phone or by e-mail.

Evelyn M. Ziegler Co-Vice President for Program
zieglers@comcast.net
410-465-3587



In Memory of:
Jeune Rockenbaugh, Carroll County
Ella May Ruby, Carroll County
Eleanor Hotzberger, Montgomery County

PUBLIC POLICY NOTES

Laws passed this legislative session:

1. Certificate of title fees will rise \$50 to \$100,
 - Fee for paperwork when buying a new car increases from \$100 to \$200
 - Fee for vanity plates will rise from \$25 to \$50
2. No texting while driving,
3. Bisphenol A will be banned from infant formula containers by 2014,
4. Child neglect will be a crime unless lack of money is the sole reason for lack of clothing, food and medical care,
5. Governors' primary in 2014 will move from September to last Tuesday in June and the Presidential primary in 2012 will be first Tuesday in April,
6. Wine may now be shipped directly to MD residents, and
7. Dogs may accompany owners to restaurants with outdoor dining.

Besides the laws passed by the 2011 Maryland State Assembly, the legislature voted to set up several task forces. These include the following:

1. To study Campaign Finance Law,
2. To develop a model program to facilitate patient access to medical marijuana for medical purposes,
3. To study the placement of electric vehicle charging stations and promote the utilization of electric vehicles in Maryland,
4. To review the state's role in promoting cyber-security innovation and excellence and develop a strategic plan to coordinate response to and recovery from attacks on cyber-security,
5. To study creation of Maryland Center for school safety,
6. To study high school drop-out rates of persons in the criminal justice system, and
7. To study funding a Green Technology, Life Science and Health Information Technology Loan Assistance Repayment Program that assists graduates to earn a degree in one of these fields.

Marilyn Simonds, VP for Public Policy
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National FCE in Northglenn (Denver), CO

FCE Diamond Jubilee

*Connecting Families &
Communities through Education,
Leadership & Action for 75 Years*



If you haven't registered for the NAFCE Conference at the Ramada Plaza in Northglenn (Denver) on July 15 – 17, it is not too late. If you're not sure where to vacation this year; think about Colorado. You'll have fun, see some very interesting things and maybe even learn a thing or two. We are pleased to announce that the cost this year has been lowered to \$125 per day or \$345 for the full conference. Normally the cost is over \$500 for the conference. Most meals are included in the registration fee. We have also negotiated a very reasonable hotel rate. The hotel is \$79 / Max Quad (4) occupancy and includes 2 free breakfasts. Additional breakfast can be added for \$5 per person. There will be a lot of great educational material and programs presented at the National Conference and this Conference will also include FCL Leadership training sessions for free! There is normally a \$99 charge for these sessions.

NAFCE National Conference Programs

The National Conference will include professional speakers and several FCL Workshops:

- **Love is... Decisions, Decisions, Decisions** - Group decision making can be fun, exhilarating and even hilarious. You'll discover what "Love" has to do with it!
- **Generations at Odds** - Learn to "Bury the Hatchet" and Hammer out a Deal" by learning the tools of resolving family issues.
- **Come Ride with us on the Wheel of Public Policy**- Come spin the wheel with us for an adventure in Public Policy. Learn to understand the process.

Additional educational programs and some fun programs will also be presented!

- **Someone's SingingMoney, Money, Monney** - Financial issues affect everyone.
- **Someone's AskingPaper or Plastic or Neither?** Are paper or plastic bags really free?
- **Avoiding the Pitfalls of Power - PowerPoint Presentations and Easy E-mail** - Learn some

simple tips for creating good PowerPoint Presentations to complement your FCE and FCL lessons and learn how to establish an e-mail account to communicate electronically.

- **Are You Smarter Than an Identity Thief?** Learn the many clever and sneaky ways thieves can disrupt your life by stealing your identity. Let us raise your ID IQ!
 - **Taking Care of Your Feet** - Dr. Jim Gremillion, noted Podiatrist from Colorado, will lead a fun (and funny) and informative session on taking care of your feet.
 - **Hankie History** - Ardith Hendrix will provide a session on the history of the Hankie, followed by a hands-on craft to make a Hankie Doll. Ardith will also have her collection of Hankies.
 - **Made in America** - Come learn why it's helpful to our economy to purchase at least some items that are Made in America and learn where to purchase items Made in America.
 - **Autism** - Donna Downing and a group of speakers will present and have a Q & A session on Autism. Donna is a Board Member of the Autism National Committee.
 - **Starting a Community Garden** - Linda Langelo, from the Colorado State University Extension Agency will explain what a community garden is, how it can benefit people in your community and how to get the community, families and young people involved in starting a community garden.
 - **And Many More!** We also plan to have speakers on topics such as Colorado Wildlife, and Men's Health as well as some fun topics and surprises!
- Complete registration material is located in your February, 2011 FCE TODAY or on the web (www.nafce.org).

IN AND AROUND MARYLAND

CARROLL COUNTY

The annual May Day Luncheon was held May 5th at the Westminster Elks' Club for members of the Carroll County Association for Family and Community Education. After greetings from President Barbara Shipley and the inspirational piece, "The Mayonnaise Jar and Two Cups of Coffee," from

Eleanor Shipley, a moment of silence was given in memory of Jeune Rockenbaugh and Ella May Ruby, two of the club's members who recently passed away.

Committee chairwoman, Waltraut Staggs reported this year's scholarship winners were Karly Lebherz, a senior at Liberty High School and Ashley Gannaway, a senior at Manchester Valley High School. She indicated that the winners of the "Character Counts" contest were Anna Lienhard, John Henry Saurusaitis, and Ritwika Das.

Ruth Shipley, trip coordinator, reminded members of the forthcoming bus trip to Dutch Apple Theatre in September.



Jane Donne, museum assistant; Dr. Karin Bohleke, curator of Shippensburg University Fashion Archives and Museum; Barbara Shipley, president of Carroll County FCE.

The program included a slide show presentation entitled "Nineteenth Century Costume Treasures 1800-1900" by Dr. Karin Bohleke, curator of Shippensburg University Fashion Archives and Museum. Items of historical clothing were shown for women, men, and children depicting life in the 1800's. Wedding dresses, shawls, evening dresses, a day cap, and a cotton work dress were part of the presentation. A basic sequence of steps was followed in displaying a mannequin with the clothing of this era which included carving, padding, and fitting.

Upcoming meetings include a tour of the Historical Society Building in Westminster, a presentation by a master gardener, Steve Allgeier, a program on fire safety tips by the Westminster Fire Department, and our annual holiday luncheon with the collection of outreach projects.

MONTGOMERY COUNTY

Fifty-one (51) FCE members and guests attended our Spring Luncheon entitled "Puttin' on the Glitz". Attendees made "glitzy" necklaces to wear to The Ball. Montgomery County FCE would like to

thank Prince George's FCE for matching our scholarship to Nate May. Nate will be attending Montgomery Community College this fall and his work ethic is exemplary.

We are still sending boxes of love and goodies to the Troops. Here is a list of Snacks and Other Items That We Can Use for Treat the Troops:

Powdered Drinks
Microwave Popcorn
Beef Jerky
Slim Jims
Dried Fruit Snacks
Hard Wrapped Candy and non chocolate throughout the year, (chocolate from October to May only)
Cheese and Peanut Butter Crackers
Individual Packages of Nuts
Individual Packages of Trail Mix
Blank Note Cards
Upper Room Devotionals
Comics, crossword and Sudoku puzzles
(NO DOONESBURY PLEASE)

LOTS AND LOTS OF CARDS AND LETTERS OF GRATITUDE AND ENCOURAGEMENT FOR OUR TROOPS.

Next to our boxes of goodies, these written notes from home give our troops a much needed lift. Other than orders to return home, this is the support they need most. Check with your local schools and Church Sunday School classes to see if the children and staff would take a few minutes to write notes. Put out blank cards at work or book club.

As always **MONETARY DONATIONS** are needed to help offset high postage costs and supplies for the 40+ boxes we ship each month to our troops in Iraq and Afghanistan. The postage costs alone are running over \$500.00 per month. For more information contact Maddi Klein 301-774-8088 or maddik@comcast.net. Thank you!

PRINCE GEORGE'S COUNTY

In March, Sue Van Slyke conducted a meeting on the ACWW-CWC in relation to FCE. It helped our newer members' perception of just how far International Women's networking has reached and our older members gained a better idea on what all those pennies for friendship we have been collecting for years are going towards. With the help of monies from Trash to Treasure, we sent chickens to help our ACWW-CWC friends.

In April, Liz Gordon presented a very informative program on Diabetes. Margie George and Sharon Adamoyurka prepared our entry for the Community Service award to National FCE without maiming each other or committing suicide [giggle, giggle].

In May, Alicia Rausch, (newly graduated paramedic for Montgomery County Fire Department and I believe our youngest member) did a spectacular job in teaching a condensed CPR class. AHH, yes! Also in May is Mother's Day — my favorite holiday of all (well, except for Christmas maybe), I get celebrated and don't have to get a year older. I love Mother's Day and with so many kids, it's really fun. I realize that it can be challenging, or even painful when you no longer have your own mother to share the day with - my own mother suffers from Alzheimer's - but I love spending the day with as many of my kids as are around and can spend it with me. I hope that you celebrated Mother's Day with your mother, your children, or a woman you admire who is close to you. And at the end of the month, Memorial Day will mark the unofficial beginning of summer. I can't wait!!!! And as always, we as a family will go to a veteran's cemetery to place flowers where there are none.

Let us not forget to thank our Montgomery County sisters and brothers for sharing a wonderful day, "Puttin on the Glitz" luncheon with us. Alice Irwin, Margie George, Jean and John Bilsky and Sharon Adamoyurka truly want to tell you what a great time we had. Everything from making our own personal glitz and enjoying the room décor and food was spectacular. We also want to thank you for sharing your special scholarship winner, Nate May with us. What a delightful young man. Our only regret is that we did not know about the roasting of Jean Purich who has always been a most helpful and sharing person to Prince George's County. We love you lots Jean.

June will let us exercise our little pinkies at our spring luncheon with a high tea again this year. The Royal Tea Room is located in LaPlata and we will be there on June 7th. Anyone who would like to attend is more than welcome. Just let Debbie Rausch know your intensions before the 5th.

July and August we will continue working on our craft items for a bazaar in the fall to raise funds for our treasury.

We wish each and everyone a fun and safe summer.
Sharon Adamoyurka

APRONS

(Notice that a "Medium" is a size 14 - 16)



Remember making an apron in Home Ec? Read below:

I don't think our kids know what an apron is. The principal use of Grandma's apron was to protect the dress underneath because she only had a few. It was also because it was easier to wash aprons than dresses and aprons used less material. But along with that, it served as a potholder for removing hot pans from the oven.

It was wonderful for drying children's tears, and on occasion was even used for cleaning out dirty ears. From the chicken coop, the apron was used for carrying eggs, fussy chicks, and sometimes half-hatched eggs to be finished in the warming oven.

When company came, those aprons were ideal hiding places for shy kids. And when the weather was cold Grandma wrapped it around her arms.

Those big old aprons wiped many a perspiring brow, bent over the hot wood stove. Chips and kindling wood were brought into the kitchen in that apron.

From the garden, it carried all sorts of vegetables. After the peas had been shelled, it carried out the hulls. In the fall, the apron was used to bring in apples that had fallen from the trees.

When unexpected company drove up the road, it was surprising how much furniture that old apron could dust in a matter of seconds.

When dinner was ready, Grandma walked out onto the porch, waved her apron, and the men folk knew it was time to come in from the fields to dinner.

It will be a long time before someone invents something that will replace that 'old-time apron' that served so many purposes.

REMEMBER:

They would go crazy now trying to figure out how many germs were on that apron. I don't think I ever caught anything from an apron - but love...

ACWW World President's Message

ACWW – EMPOWERING WOMEN WORLDWIDE: is the theme for the triennium 2011-2013. That broad statement covers every aspect of the work of our organization. Whether we are training women farmers in Uganda, providing rural families in Bangladesh with safe drinking water, or giving women a voice through our long-standing consultative status with the United Nations, we are empowering them and benefitting whole communities.

I invite you to adopt ACWW's theme as your own at meetings, conferences or wherever you gather together. There is something inspiring about knowing that from Peru to the Philippines, from Swaziland to Sweden, we are all working towards the same goal – Empowering Women Worldwide.

Back in 1989, it was decided to hold an ACWW Day on April 29 each year, to promote and publicize the organization. Next year, ACWW Day will be bigger than ever. On or around April 29, 2012, you are warmly invited to join in Women Walk the World for ACWW. (Details page 3, January-March 2011 *The Countrywoman*). Do start now, thinking, discussing, making your plans. How and where will you do it? It's time to get ready to walk!

Here in northeast Scotland, while attending the half-yearly meeting of my own member society, I was honored and deeply moved to be made Honorary Chairman of Angus Federation SWRI. It was all the more meaningful as it appears to be the first such honor to be bestowed in the society's almost 90-year history. So you may understand how I feel when I say a big thank you to my own people.

There was another family occasion when I spoke about ACWW at my sister's society in Perthshire, Scotland. She is currently president of Fowlis Wester WRI, and neighboring groups joined in. The occasion was made more special because both of my sisters were there to share the evening. Both are individual members of ACWW and I value their support.

And finally, in the words of American essayist Ralph Waldo Emerson: 'To leave the world a bit better, whether by a healthy child, a garden patch or a redeemed social condition; to know that even one life has breathed easier because you have lived. This is to have succeeded.' Best wishes to all,
May Kidd MA JP ACWW World President

Fresh Blueberry Pie

Pastry

- 2 cups Gold Medal® all-purpose flour
- 1 teaspoon salt
- 2/3 cup plus 2 tablespoons shortening
- 4 to 6 tablespoons cold water

Filling

- 3/4 cup sugar
- 1/2 cup Gold Medal® all-purpose flour
- 1/2 teaspoon ground cinnamon, if desired
- 6 cups blueberries
- 1 tablespoon lemon juice
- 1 tablespoon butter or margarine, if desired

1. In medium bowl, mix 2 cups flour and the salt. Cut in shortening, using pastry blender (or pulling 2 table knives through ingredients in opposite directions), until particles are size of small peas. Sprinkle with cold water, 1 tablespoon at a time, tossing with fork until all flour is moistened and pastry almost cleans side of bowl (1 to 2 teaspoons more water can be added if necessary).

2. Gather pastry into a ball. Divide in half; shape into 2 flattened rounds on lightly floured surface. Wrap in plastic wrap; refrigerate about 45 minutes or until dough is firm and cold, yet pliable. This allows the shortening to

become slightly firm, which helps make the baked pastry flakier. If refrigerated longer, let pastry soften slightly before rolling

3. Heat oven to 425°F. With floured rolling pin, roll one round into a circle 2 inches larger than upside-down 9-inch glass pie plate. Fold pastry into fourths; place in pie plate. Unfold and ease into plate, pressing firmly against bottom and side.

4. In large bowl, mix sugar, 1/2 cup flour and the cinnamon. Stir in blueberries. Spoon into pastry-lined pie plate. Sprinkle any remaining sugar mixture over blueberry mixture. Sprinkle with lemon juice. Cut butter into small pieces; sprinkle over blueberries. Cover with top pastry that has slits cut in it; seal and flute. Cover edge with 2- to 3-inch strip of foil to prevent excessive browning.

5. Bake 35 to 45 minutes or until crust is golden brown and juice begins to bubble through slits in crust, removing foil for last 15 minutes of baking. Cool on cooling rack at least 2 hours.

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