

WHAT'S HAPPENING

Maryland Association for Family and Community Education, Inc. Newsletter

SEPTEMBER

- All CHARACTER COUNTS!sm Essay & Artwork Contest
- Collect 2013 Dues-Membership Drive
- National Literacy Month
- 1 **All County Associations' List of Officers and Committees for 2013 due to State President**
- 10 10:00 AM Maryland FCE Board Meeting, Anne Arundel County Extension Office
- 23-25 CWC Ares Meeting Manchester NH

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OCTOBER

- 1 10:00 AM Maryland FCE Board Meeting, Anne Arundel County Extension Office
- 7 – 13 CHARACTER COUNTS!sm Week
- 14 – 20 FCE Week
- 15 Rural Women's Day
- 16 World Food Day
- 17 Region I Meeting – Carroll County Hosts
- 25 Region II Meeting – PG County Hosts

REGION MEETINGS

See registration information on page 2 and driving directions on page 8.

CHARACTER COUNTS!sm Contest for 2012-2013

Trustworthiness, the first pillar of character, is this year's focus. Contact your schools (county presidents have the information) and encourage them to participate in the FCE essay and artwork contest from September 1, 2012 to January 31, 2013. Winning entries should be sent to the state president by March 1, 2013.

NOVEMBER

- 1 **LOOK WHAT'S HAPPENING** deadline for items to Editor
- Membership Dues to Martha Moser, Acting Membership Chairman**
- 5 10:00 AM Maryland FCE Annual Meeting, Montgomery County Extension Office. **ALL COUNTY PRESIDENTS MUST ATTEND**
- 11 – 17 National Family Week

MDFCE Web Site is www.mdafce.org

Send new officer's list, newsletters, calendars and information to Libby Wade at dunade@aol.com.

Newsletter Deadline: November 1

Send all articles, Bulletin Board items, address changes and trivia for the newsletter to: Jean Purich, 15500 Gallaudet Ave, Silver Spring, MD 20905-4196 or email at jcpurich@cs.com.

DECEMBER

- 1 State Dues/Membership Forms to NAFCE
- 3 10:00 AM Maryland FCE Board Meeting, Anne Arundel Extension Office
- 31 **Counties' Annual reports due to Vice President for Program; County Presidents' Reports due to President; Membership Appreciation Award (SR 4a) due to Vice President for Program**



FROM THE PRESIDENT FCE – IT'S MAGIC!



The magic of FCE continues to guide me through this very hot summer. In June the MDAFCE Board had a wonderful visit with Judy Fulmer, our National FCE President, at the Cozy Restaurant in Thurmont, MD. We enjoyed a delicious luncheon and a magical time getting acquainted and sharing ideas.

At the state FCE meeting on July 6, the board began planning for the Regional meetings in October. I am looking forward to all of you coming to these very important and interesting get-togethers. You will learn some new things, hear reports, have a great lunch, listen to informative speakers, and meet and greet your friends. More information about these Regional Meetings is on another page in this newsletter. You will have a magical time.

Some of our members are planning to attending the 2012 CWC/USA area meeting in Manchester, New Hampshire on September 23-25. They are looking forward to tours, entertainment, business meetings, and learning as much as they can. It will be magical for them and they will share with us at the Regional Meetings.

Abracadabra! In the past when I waved my magic wand and asked for volunteers, they have come forward. I'm looking again for someone to be Membership Chairman. Unfortunately, Connie Yates has had to resign because of health issues. She has done a fine job and we will miss her. Hopefully when her health has improved she will be back with us. Meanwhile, can anyone volunteer to be Membership Chairman? Join the group and share the magic.

If you have any thoughts, ideas, or magic to share with me or the board, please come to our meetings, email or call me. I look forward to knowing you better and sharing the magic of FCE.

Martha C. Moser, President
mcatmoser@aol.com 301-371-6132

"The family unit plays a critical role in our society and in the training of the generation to come."

—Sandra Day O'Connor

NEWS FROM THE VICE PRESIDENT FOR PROGRAM

I hope you had an enjoyable and relaxing summer.

Now it is time to get back to the business of FCE. I hope the majority of you will be able to attend one or both of our regional meetings coming in October. We will present three new Hearthfire programs. They are titled as follows: "Woman to Woman – How Do We Talk About Autism?", "Loving the Men in Your Life---Understanding How to Keep Them Healthy" and "Take It To The Street --The Media Street". Each county will be given a copy of these booklets. There will also be an educational and fun program, as well as an outside speaker at each meeting.

One of the most enjoyable aspects of attending these meetings is the opportunity to socialize and exchange ideas with old friends from other counties.

Evelyn M. Ziegler, VP for Program
zieglers@comcast.net
410-465-3587

Region I Meeting - October 17, 2012

Registration starts at 9 AM, meeting at 9:30

Elks Club Lodge

538 Gorsuch Road

Westminster, MD (Carroll County Hosts)

Send your check made out to Carroll County FCE

for \$20.00 to: Elizabeth Heagy (410-857-3388)

225 Glenbrook Drive

Westminster MD 21157

Besides FCE programs in the morning, the afternoon speaker will be Melinda Peters, the first female Director of Maryland State Highways.

Region II Meeting - October 25, 2012

Registration starts at 9 AM meeting at 9:30

Knight of Columbus

9450 Cherry Hill Road

College Park, Maryland (PG County Hosts)

Send your check made out to PGCFCE for

\$20.00 to: Debra Rausch (301-498-8806)

9111 Contee RD Apt 101

Laurel, MD 20708-2112

Resource Development Committee Plant Sale

The RDC is holding a plant and tuber sale at the Regional Meetings.

Thank you for your support!

Michelle Close, RDC

Bulletin Board

Connie Yates is recovering from knee replacement but having trouble with her sciatic nerve.

Anne Fishell is suffering from a very bad case of bursitis in her hip.

We wish them well.

IN AND AROUND MARYLAND

ALLEGANY COUNTY

We cordially invite all FCE members and their guests to attend our **October 8th Annual Meeting, Luncheon and Auction at 12 noon. We would love to have you come.**

Cumberland County Club
10200 Country Club Road Northeast,
Cumberland, MD 21502 (301) 724-0440.
Make checks for \$17.00 payable to Allegany County FCE. Send checks to Joan Morris,
211 East Street, Frostburg, Maryland 21532

The Menu includes:

House Salad
Grilled Breast of Chicken
Mashed Potatoes, Gravy on side
Mixed Vegetables
Cherry Pie, Coffee, Tea, Rolls

Joy Lou Fogle, President

CARROLL COUNTY

Our 90th Anniversary Luncheon was a great success. Pianist, Linda Hylan, entertained us. Our Speaker, Myra Reichart kept us spellbound as she walked us through the days of the Civil War conflict

in Gettysburg giving the civilian point of view. Myra gives other presentations including "Victorian Etiquette", "Mealtime Conversation", etc. Her email address is: placethrutime@comcoast.net.

We really enjoyed hosting our state executive board meeting on June 4. We have some very interesting people on our board and few opportunities to get to know them in a personal way. Our lunch at Maggie's Restaurant in Westminster went amazingly well and the food was great. It is the second time we have gone there. If you are looking for a day out; come to Westminster; visit our historic sites and have lunch at Maggie's.

We held our June 25th meeting on a bright and cool day. Our Speaker was Brenda Dombroski from the Carroll Hospital Center. Our first general hospital opened in 1961 with 50 beds and 6 physicians and has grown to 195 beds and 475 physicians. We learned of the many plans for the future. One important goal is to make cancer treatments available here in the county to as many people as possible since driving into Baltimore is difficult when you feel poorly. We collect a few children's books, aluminum can tabs and knitted baby caps in a newborn size from Helen Totura. After our business meeting we enjoyed Pizza, salad, and a wonderful selection of desserts.

Remember to register for our State Region I Meeting on October 17 in Westminster by October 10. Plan to stay a few days with us and visit our community. Best Western Hotel and the Atlee Inn Bed and Breakfast in New Windsor are great places to stay. Gettysburg is close by and keep in mind – there is no tax on clothing in Pennsylvania! Plan to come on October 16 and shop at Boscov's. If you buy a discount card from Carroll County FCE; you get a nice discount on almost everything in the store that day and we get to keep the \$5.00. Look for our table in the store on the 16th.

Barbara Greaves, Vice President for Program

FREDERICK COUNTY

Frederick County FCE and Homemaker members judged at 4-H Presents. Some of the presentations included Ear tagging a pig; Snacks for Horses; and repotting flowers. They also heard solos, and instrumental performances. The Judges brought samples to our meeting including some candy mice made with Oreo cookies and chocolate

kisses. The planning committee held an initial meeting to plan the lessons for next year. Some ideas include: What's new in Frederick; Things to do with grandchildren; Spring Cleaning; Gardening; and Cooking. The FCE and Homemaker Clubs are busy preparing demonstrations for the upcoming County Fair. Some demos will be Paper Art Pins, Scarves, and Fall Treats.

Libby Wade, President

MONTGOMERY COUNTY

Montgomery County presented four booths at the Montgomery County Fair featuring FCE Blanket Making for Project Linus, "The Benefits of Tea", Troop Support, and "The New Recycling". We distributed information about FCE and our outreach projects.

Two members attended the National FCE Meeting in Erlanger, Kentucky. The meeting kicked off with introduction of the national board and the state presidents. Some of the topics of discussion were Autism, recycling, writing short stories, the influence of movement on learning, the upcoming ACWW triennial and three FCL programs.

PRINCE GEORGE'S COUNTY

The women from Prince George's County hosted our State Board on August 6th for their monthly get-together with a potluck lunch afterwards. Our members-Barbara Bowen (with granddaughter - Tshawna), Barbara Marsh, Alice Irwin, Margie George, Glenna Burgess, Sue Van Slyke, Liz Gordon, Marie Moeller, and Debra Rausch did the "homemaker" thing with cloth napkins, real silverware and home cooked food to share with our guests. It really was enjoyable.

Our planning for the Regional Meeting October 25, 2012 at the Knights of Columbus, College Park, is moving steadily forward with craft get-togethers this summer to make items for our table at the conference and favors. It's a great time just to socialize and have fun.

Since the last LWH, our county has had its Spring Luncheon at the Royal Tea Room in La Plata, which was very good (LOVE THEIR CREAM OF CRAB SOUP), met the National FCE President-Judy Fulmer (a real nice lady from Kansas) at a

luncheon held at the Cozy Inn in Thurmont, MD. On June 11th we attended a Senior Day at 4-H Camp Y.E.P.I.E., held at Camp Roundtop, Cunningham Falls State park, near Thurmont, where we had a Luau and just plain had fun. This 'senior camp' is held for a weekend every summer and is an activity held through 4-H and welcomes seniors to apply and come have fellowship and fun. Anyone interested in next year's program can call the 4-H office in Clinton for more info.

Otherwise, we look forward to the coming season and hope everyone had a safe summer!

Debra Rausch

Do Not Delay – Pay Today!

In September we return to scheduled activities and it is time for us to pay our FCE dues for 2013. All dues must be paid to club treasurers in September and forwarded to the county treasurers in October.

Every member is required to fill out a 2013 Membership Form. The 2013 membership form is printed in this newsletter. Please tear it out and using black ink type or clearly print the information requested at the top of the page. Do not use abbreviations. Enter your 9 digit zip code and your E-mail address. Your "Current Member I.D. #" is printed on your FCE membership card.

In the Dues box circle your membership status: individual, family, or senior. Fill in the appropriate dues for county and clubs as they vary throughout the state. Total the column.

The last item – the Member Signature at the bottom of the page must be the signature of the individual named at the top of the page.

New Members:

Note the box above the Member Signature line. This should be checked by individuals who have never been affiliated with FCE. At the bottom of the page add "recruited by" and give the name and address of the member who introduced the new member to FCE. The member will receive a special pin from National FCE.

SPECIAL PRIZE – Each new member and her recruiter's name will be placed in a drawing for full registration payment for the 2013 Annual Conference. The more members you recruit – the more chances you will have to go to the conference for free!

Thank you for taking the time to read through this article and for neatly and correctly filling out the 2013 Membership Form. Take the form and your check to your September meeting. If you will not be attending the meeting, please mail them to your treasurer now. We need to have all of our Maryland FCE members accounted for by September 30! Please contact me, if you have any questions

Martha Moser, Acting Membership Chairman
7436 Round Hill Rd
Frederick, MD 21702-3540
310-371-6132
mcatmoser@aol.com

National FCE 76th Annual Conference
Erlanger, KY
July 19 – 22, 2012

Thursday began with the President's meeting. This is a time to get to know the other state presidents and be briefed on the upcoming events of the conference. Discussed were bylaw changes and the rationale for the changes. The budget was also presented and discussion ensued. This conference was based on 100 paying members attending, unfortunately only 89 paying members attended. (There were 107 members present.) Therefore the conference will not break even with expenses. No recommendations were made on how to make up the difference. Last year a dues challenged was issued and a benefactor stated that 50¢ would be paid for each member that paid their dues on time. This netted NAFCE \$693.00 which enabled them to print 3 new Hearth Fires and a new *101 Things to do with your Family* poster with a little left to print a new storybook. Information on the next CHARACTER COUNTS!sm essay and art work contest was given. We were also told to be sure we use the words character counts correctly when referring to the pillars and the Josephson Institute. They must always be capital letters with the explanation mark and the "sm" after the explanation mark. "sm" stands for service mark which is similar to a trade mark. NAFCE now gives a Visa debit card in the sum of \$250, \$125 and \$50 as prizes instead of a savings bond for contest winners.

The meeting reconvened at 7 PM with the presentation of national officers and state presidents. The evening speaker was Carolyn Ropp, past NAFCE president, who spoke on "Changes" specifically changes in FCE. Some highlights included: 1.23 million members in 1955; in 1969 a representative from NASA spoke at conference; 1974 Norman Vincent Peele spoke; 1996 NAFCE was recognized by Hillary Rodham Clinton at the White House. In the 1980's \$584,000 was received in grant money with \$50,000 going to each state for FCL training and projects. In 2007, we changed from Family Choice TV to Family Choice Media and in 2008 the four regions were collapsed to three. In 2009, the historical records were moved from a storage building to the current office building for better access and to reduce costs.

On Friday, the business meeting began at 8 AM. After roll call, no representative from Wisconsin was present, the voting body was counted – total 31.

Bylaws presented and voted on.

- | | |
|--|--------|
| 1. No one allowed to vote by proxy | Passed |
| 2. Considering raising dues "on an annual basis" changed to "once in a president's term" | Passed |
| 3. Strike amount of dues raise | Passed |
| 4. Move Pacific Region Public Policy Coordinator from Group II to Group I (to make groups more even) | Passed |
| 5. Change word "state" to "indicating" in Article V, Section 4 (clear up meaning) | Passed |

The following were new bylaw changes that were presented the day before at the President's meeting. These must be passed unanimously since they were presented at conference and not 90 days ahead.

- | | |
|---|--------------------|
| 1. Strike the words "40 years of age or under" and inserting "knowledgeable about issues concerning young families" from the criteria of young families coordinator. | Failed by one vote |
| 2. Add a new category of membership - Youth, defined as under 21 and not part of a family membership - with dues of \$5.00. The category would hold all aspects of regular membership. This caused much discussion due to the fact that you could be giving them a vote and hold office. Also there was discussion about how the states would handle this category – state and local dues, right to vote, etc. This bylaw was sent back to committee. | |

3. Change the word organization through out the bylaws and replace it with association – housekeeping correction. Passed

4. Change where to mail nomination paperwork. It will be mailed only to headquarters; headquarters will mail it to the appropriate people. Passed.

A motion was made and passed to raise the national dues by 50¢ in 2014.

Nominees for Central Region Program Coordinator, Peggy Martens from Kansas and Pacific Region Public Policy Coordinator, Marion Hannon from Arizona were elected by declaration. Bonnie Teeples, President-elect became President. There were no nominees for Young Families Coordinator.

The National Board applied for a grant from the Leadership fund for a speaker at this meeting. A \$1000.00 grant was given.

Six states sent in display boards – 4 in action, 4 in education, and 5 in leadership. There was only a 5.75 point spread in the leadership boards from first to third and 12.5 point spread in the other categories. Members were congratulated on learning how to fill out the award books correctly. Program reports were sent in by six states.

A volunteer hour is now worth \$21.79.

You must sign a license agreement with NAFCE once a year if you are going to use any of the FCE copyrighted logos. License agreement is available from headquarters.

There are 3 new Hearth Fires; #50 *Woman to Woman...How Do We Talk about Autism?*; #51 *Loving the Men in Your Life...Understanding How to Keep Them Healthy*; #52 *Take It To The Street...The Media Street*.

FCL training consisted of three program lessons; *Developing Leadership with the "V" Formation*; *How Big is Your Heart?*; and *Involve Me*, and *I Understand* involved teaching techniques.

On Saturday, *Dress with Respect* was a fun lesson on the proper way to dress for all occasions and for your age. *GEO Motion* and *Secure Your Mask First* by Dr. JoAnne Owens-Nausler explained how important it is to keep movement (exercise) in your life and in schools. She showed how learning can be tied to movement such as doing the Macarena and learning the months of the years with the movement.

Jo Almond, ACWW treasurer and Bev Earnhart, USA area president spoke on the

upcoming ACWW triennial meeting in Chennai, India in 2013. Jo Almond will be nominated for ACWW World president at the triennial. There will be a recycle bag contest and members are asked to bring school supplies.

Breakout sessions included *Take it to the Streets*, *Keys to Financial Fitness*, *Bee a Member*, *Be Sure of Your Community Decision Makers*, *Recycling*, and *Writing your Personal History*. On Saturday evening, Georgia Green-Stamper, a writer, shared her tales and stories in her presentation *You Might as Well Laugh, My Mother Always Said*.

An inspirational Sunday morning program about the Underground Railroad was presented.

The meeting concluded on Sunday afternoon after the Awards luncheon.

Jean C. Purich

Yamberry Muffins

By Catherine Newman

Ingredients

- 1 cup leftover mashed sweet potatoes (or yams)
- 2 large eggs
- ½ cup sugar
- ¼ cup vegetable oil
- ¼ cup water
- 1 teaspoon finely grated orange zest, or to taste
- 1 tablespoon vanilla extract
- ½ cup wheat flour
- 1 ½ cups all-purpose flour
- 1 ½ teaspoons kosher salt (or ¾ teaspoon table salt)
- 2 teaspoons baking powder
- ¼ teaspoon baking soda
- 1 cup leftover cranberry sauce

Directions

Heat the oven to 350° and grease a 12-cup muffin pan.

In a large bowl, mix together potatoes, eggs, sugar, oil, water, zest, and vanilla with a wooden spoon.

In another bowl, whisk together flours, salt, baking powder, and baking soda, then add to the sweet potato mixture and stir until just combined.

Gently stir in cranberry sauce.

Spoon batter into the muffin cups and bake until muffins are browned and the tops spring back when you press them lightly with your fingertip, about 30 minutes.



2013 Membership Form
 Type or Print Clearly in ink

Do Not Abbreviate City, County, or State Street Names

Date _____ Current Member ID# _____ Email _____
 First Name _____ M.I. _____ Last Name _____
 Mailing Address _____
 City _____ State Maryland _____ Zip code +4 _____
 Phone No. _____ County of Residence _____
 Club Name _____ Club County _____

Family Membership: (Please list) Spouse Name _____
 Dependent Child(ren) _____

Dues	Regular	Family	Senior (80+ years)
National	\$ 19.00	\$ 26.50	\$ 15.80
State	3.50	7.00	3.50
Council/County/Parish			
Club			
Total			

Sign and send with total membership dues to Club Treasurer by _____

New Member (Never belonged to FCE before)

Member Signature _____

Must be original signature, copies will not be accepted.

Mission...To strengthen individuals, families, and communities
 through continuing education, developing leadership, and community action.

Direction to Regional Meetings

Regional I Meeting - October 17, 2012

Elks Club Lodge
538 Gorsuch Road
Westminster, MD

From the South:

Take Route 97 North to Westminster.
Turn on left Route MD-140/MD-97. Turn right on
Gorsuch Road.

Olive Garden Italian Restaurant is on the corner
If you are on MD-97 N and reach Cranberry Rd
you've gone about 0.3 miles too far.

From the West:

Take I-70 E to MD-27 N exit, EXIT 68, toward Mt.
Airy/Westminster.

Turn left onto MD-27 N/Ridge Rd. Continue to
follow MD-27 N.

Merge onto Baltimore Blvd/MD-97 S/MD-140 E
toward Baltimore.

Turn left onto Gorsuch Rd.

Regional II Meeting - October 25, 2012

**Registration with Continental breakfast starts at
9 AM; meeting at 9:30**

Knight of Columbus
9450 Cherry Hill Road
College Park, Maryland

To reach this destination from the Washington
Beltway: Get off at Exit 25-B (Baltimore
Ave/College Park), at the end of the ramp turn left,
crossing I-495/95, make a right on the first road on
the right (Cherry Hill Road)-an IHOP is on the
corner of this road, go approximately 1/2 mile to the
council home on your left. If you cross the bridge,
you've gone too far! Turn around and the council
home will now be on your right.

Maryland Association for
Family and Community Education
15500 Gallaudet Avenue
Silver Spring Maryland 20905

